

Reversible Placemats

This project was originally posted to the BERNINA Sewing Republic site

Tyllette Lanvers



MATERIALS

- 2 contrasting fat quarters per placemat (A fat quarter is a pre-cut piece of fabric sold in some quilting stores measuring 18" x 22")
- Select one fabric with a geometric pattern to use as a guide for quilting
- Polyester batting
- Thread
- Double-fold binding

Cutting

1. Cut each fat quarter in a rectangle measuring 18.5" x 14.5". Make sure the print is straight regardless of the grain of the fabric. Cut a same-size rectangle out of the batting.



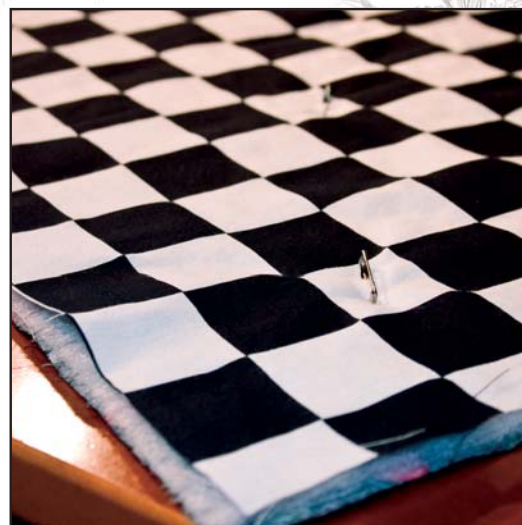
STEPS

Prep

2. Layer top, batting and bottom with right sides facing out.

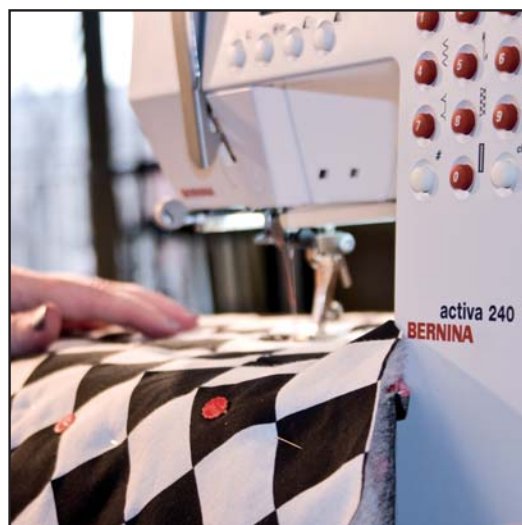


3. Press with steam; it helps the layers stick together. With the geometric fabric facing you, pin or baste the layers together using safety pins or quilting pins.



Sewing

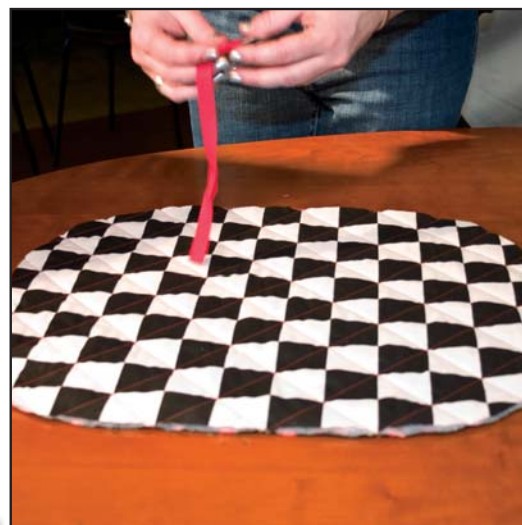
4. At the sewing machine, you can use a quilting needle and a walking foot to help you keep the layers from slipping. Lengthen your stitch to 3.5mm. Turn the work often so that you are not always quilting in the same direction. You can quilt as much or as little as you wish as long as you secure the layers together well on the entire surface.



5. With a small plate and a fabric marking pen, draw rounded corners.



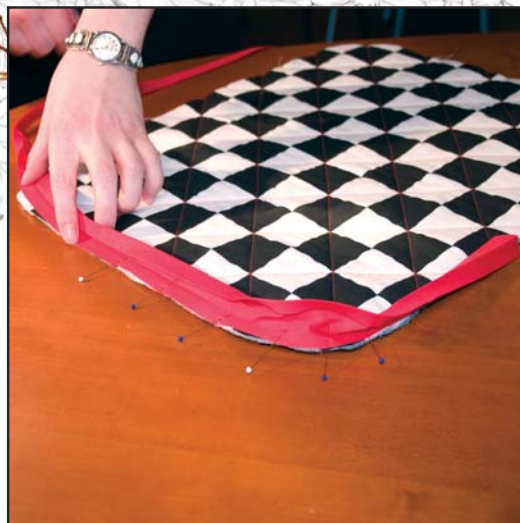
6. Using a 2.5mm stitch length, sew around the rounded rectangle, stitching on the drawn corner lines and about $\frac{1}{8}$ " in from the side edges.



7. Apply the double-fold bias tape.

Open the bias, turn the short end under $\frac{1}{2}$ " and place the unfolded edge along the outside edge of the mat. Stitch in the crease of the bias, using an all-purpose foot. Take great care not to pull too much in the rounded corners and pin those corners well.

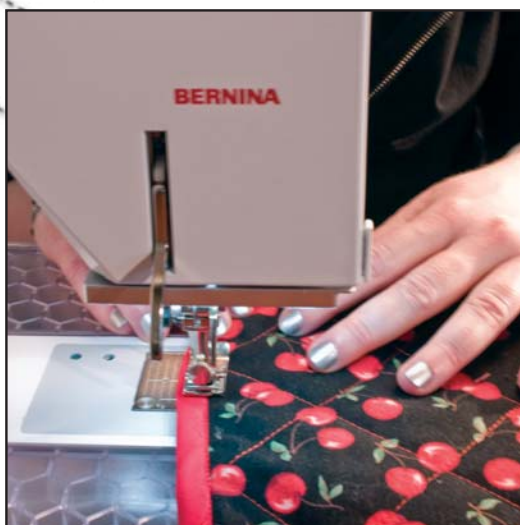
Note: the bias should be lightly pressed to shape it around the mat before sewing.



8. At this point, you will need to trim the seam allowance to have the tape surround the mat nicely.



9. Stitch the remaining binding edge in place with a straight stitch, using an edge stitching foot. Adjust the needle position so that the stitching is just inside the binding and as discreet as possible.





Chickpea Sewing Studio for Bernina

