*created by Stacy Schlyer*

## Mug Rugs

**Who says quilts are just for beds? Bring a little color to your table or work space with these tiny works of art. This project is a great way to use up fabric scraps and is a perfect way to show off your favorite cup or glass. Instructions include two variations— one with stripes and one with checks.**

## materials and tools

*For each Mug Rug*

- Five different fabric scraps measuring at least 3″ x 9″
- One fabric scrap measuring at least 8″ x 10″ for backing
- ⅛ yard of fabric for binding
- One 8″ x 10″ rectangle of batting
- Thread
- Scissors
- Water-soluble marking pen or tailor's chalk
- Ruler
- Hand-sewing needle
- Rotary cutter and mat (optional)
- ¼″ foot (optional) (BERNINA Patchwork Foot #37)
- Walking foot (optional) (BERNINA Walking Foot #50)
- BERNINA Stitch Regulator (optional)

*Seam allowances are ¼″ unless otherwise specified.*

## step one

*Striped Mug Rug*
- Cut a 2¼″ x 7″ rectangle from each of the five fabric scraps.

*Patchwork Mug Rug*
- Cut a 2¼″ x 9″ rectangle from each of the five fabric scraps.

*For Each Mug Rug*
- Cut a 7½" x 9" rectangle of backing fabric.
- Cut a 7½" x 9" rectangle of batting.
- Cut a 2¼" x 44" strip of fabric for the binding.

## step two

*Striped Mug Rug*
- With right sides together, sew the long edges of the rectangles together; press the seam allowances open.

*Patchwork Mug Rug*
- With right sides together, sew the long edges of the rectangles together; press the seam allowances open.

- Cut the striped block into four 2¼"-wide strips.

- Rotate every other strip, then sew them together to make a  patchwork design; press the seam allowances open.
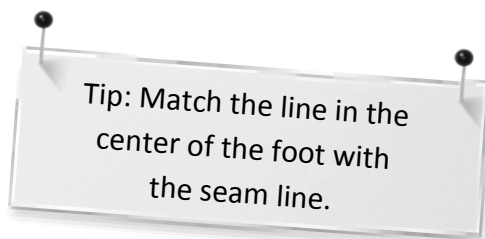
## step three

*For Each Mug Rug*
- Make a "quilt sandwich"
  - ◊ Backing fabric, right side down
  - ◊ Batting
  - ◊ Patchwork piece on top, right side up

- Pin the "sandwich" together to keep the pieces from slipping.

## step four

Tip: Match the line in the center of the foot with the seam line.

- Quilt the layers together. This can be as simple as…

  - ◊ …"stitch-in-the-ditch" (sewing on the seam lines)...

## step four...cont'd

◊ a cross-hatch design (usually a 1" grid of diagonal or horizontal/vertical lines forming diamonds or squares)

◊ or freeform meandering or stippled stitches (free-hand curved lines or swirls)

## step five

- Sometimes, after sewing and quilting, the quilted piece is no longer square. If this is the case, "square up" your block and trim it so that all sides are even.
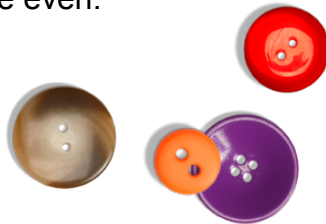
## step six

*There are a variety of ways to bind quilts and similar items—this method is perfect for beginners because it has just a few easy-to-sew steps. If you have a different technique, feel free to replace this method with yours.*

- Fold the binding strip in half lengthwise, matching raw edges. Press.

## step seven

- Select a side of the mug to begin binding. Cut a binding strip 1" longer than that side. For example, if your mug rug side is 9" long, then cut the binding strips 10" long.

- Extend the raw ends of the binding ½" to either side of the mug rug, matching raw edges.

## step eight

- Sew the binding to the mug rug.

## step nine

- Flip the finished binding to the back of the mug rug and slipstitch the edge in place by hand.

- Trim the ends of the binding even with the mug rug edges.

## step ten

- Repeat, applying binding to the opposite edge.

- Cut a binding strip 1" longer than one of the unfinished mug rug edges. Extend the ends of the binding ½" to either side of the mug rug, matching raw edges.

- Extend the raw ends of the binding ½" to either side of the mug rug, matching raw edges. Stitch the binding.

## step eleven

- Before folding the finished edge of the binding to the back, fold under the ½"-long tail so that it creates a finished edge (like you are wrapping the tail around the raw edge, then folding the binding over it). Slipstitch in place.

- Repeat for the opposite edge of the rug mug.

*Your mug rug is complete!*