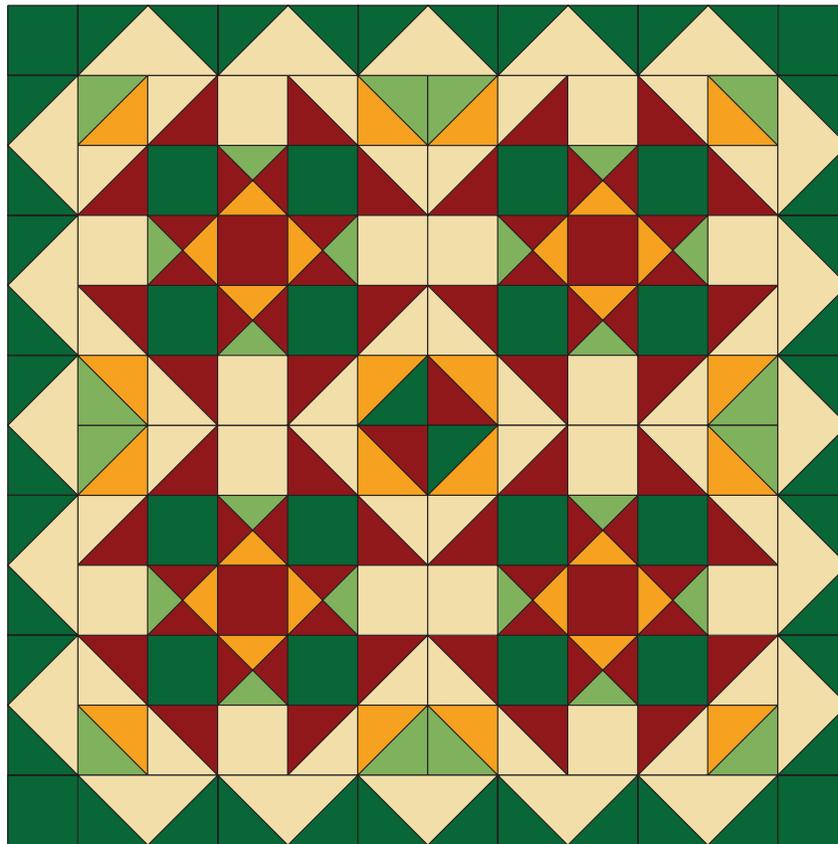


# Quilting *with* Triangles



36" x 36", 15" blocks and 3" wide borders

## SIX LESSONS:

1. Materials & Cutting Fabric
2. Half-Square Triangles & How to Sew Them
3. Quarter-Square Triangles
4. Stitching Four Blocks
5. Flying Geese Borders
6. Quilting & Finishing

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# Quilting with Triangles

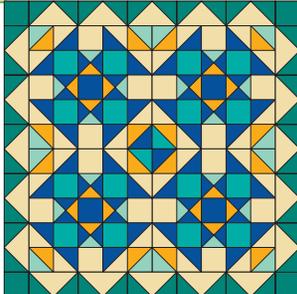
## LESSON 1 OF 6

### MATERIALS & CUTTING FABRIC

#### Materials:

- Quilter's 8" Quick Quarter
- 6" x 12" ruler, 6" x 24" ruler, mat, and rotary cutter
- 6" square ruler with 45-degree angle line
- Pincushion (Zirkel)
- Straight pins (glass head)
- Marking pencil
- Neutral thread to blend with fabric (tan would work well with red/green quilt; light to medium gray for teal/blue quilt)
- Snips
- Iron
- Sewing machine with new needle; fill 2 bobbins

#### Fabric:

COLOR	VALUE	YARDAGE	ALTERNATE COLOR SCHEME
Light Green	(Light)	$\frac{3}{8}$ yd.	Light Teal
Dark Green	<b>(Dark)</b>	1 yd.	Dark Teal
Gold	<b>(Medium)</b>	$\frac{1}{2}$ yd.	Gold
Red	<b>(Medium)</b>	$\frac{3}{4}$ yd.	Blue
Background	(Light)	1 yd.	Light Tan
Backing		$1\frac{1}{4}$ yd.	

## Cutting Instructions:

### From Light Green or Light Teal:

- Cut 1 – 9" square for QSTs (star points)
- Cut 2 – 8" squares for Multiple HSTs (with Gold)

### From Dark Green or Dark Teal:

- Cut 16 – 3½" squares (star corners)
- Cut 1 – 4" square for HSTs (corners of 2 blocks)
- Cut 40 – 3½" squares for Flying Geese border
- Cut 4 – 3½" squares (border corners)
- Cut 4 – 2¼" strips x width of fabric for binding

### From Gold:

- Cut 2 – 4" squares for HSTs on corners
- Cut 2 – 8" squares for Multiple HSTs (with Light Green)
- Cut 1 – 9" square for QSTs (star points)

### From Red or Dark Blue:

- Cut 4 – 8" squares for Multiple HSTs (with Background)
- Cut 2 – 9" squares for QST (star points)
- Cut 1 – 4" square for HSTs (corners of 2 blocks)
- Cut 4 – 3½" square for center of blocks

### From Background:

- Cut 16 – 3½" squares
- Cut 4 – 8" squares for Multiple HSTs (with Red)
- Cut 20 – 3½" x 6½" squares for Flying Geese border

## Next Lesson: Half-Square Triangles & How to Sew Them

"The BERNINA 770 QE gives me the space I need for quilting, plus the Stitch Regulator can't be beat for even stitches."



**BERNINA**

Tula Pink, Textile Designer and Quilt Maker

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