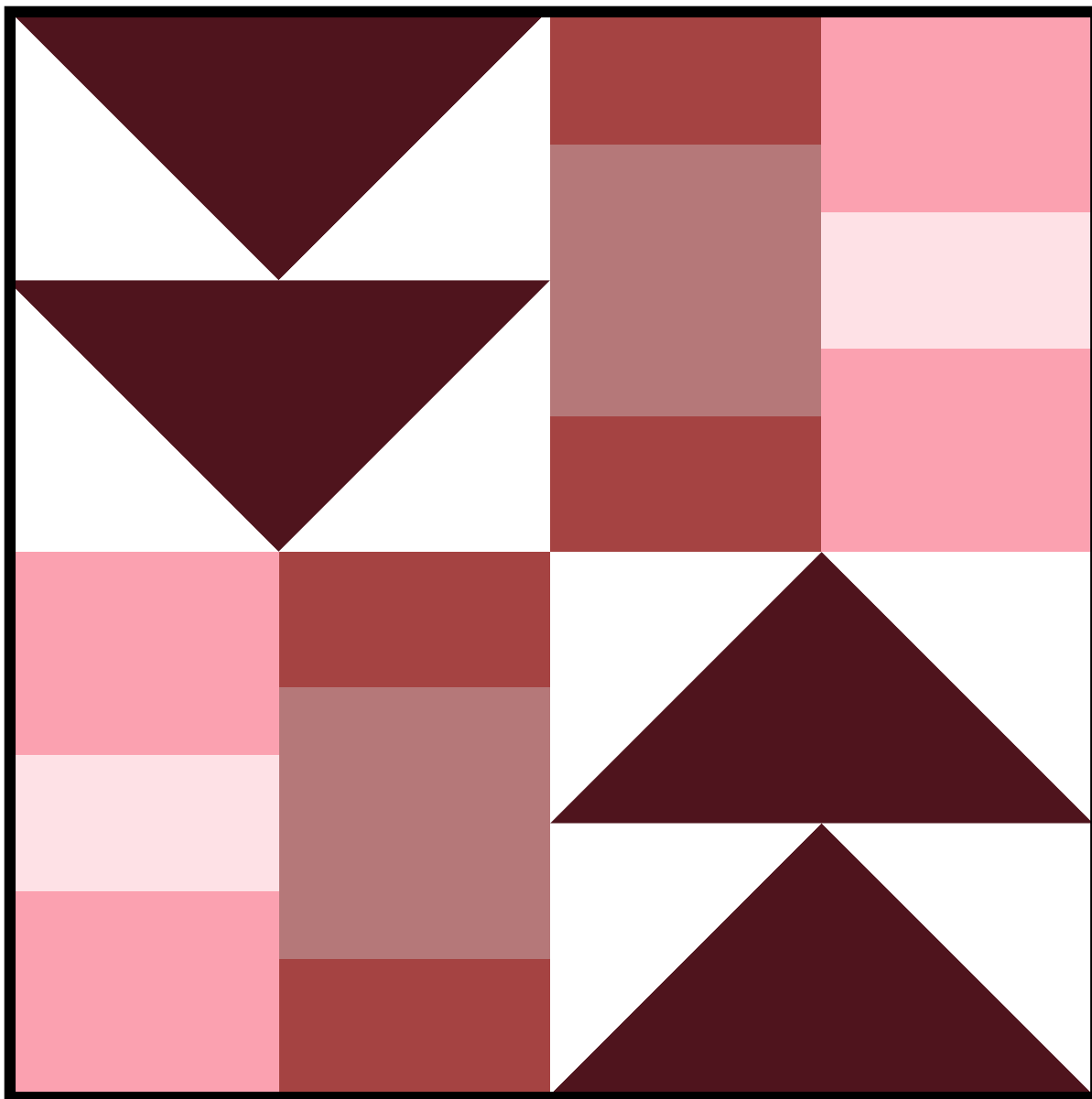


Block 1

4-AT-A-TIME FLYING GEESE



BERNINA + SWEET POTATO
QUILTS

SKILLBUILDER SEW ALONG

WELCOME



Hi There,

Our first block uses Flying Geese made with the 4-at-a-time method, which is a quick, efficient, and perfect way for piecing multiple units at once. Just make sure to trim carefully to keep those points looking sharp!

Need extra help? Subscribe to my [YouTube channel](#) to see all of these steps in action, and download my [free PDF sizing chart](#) to make Flying Geese in any size using this method.

Christina

Let's keep in touch!

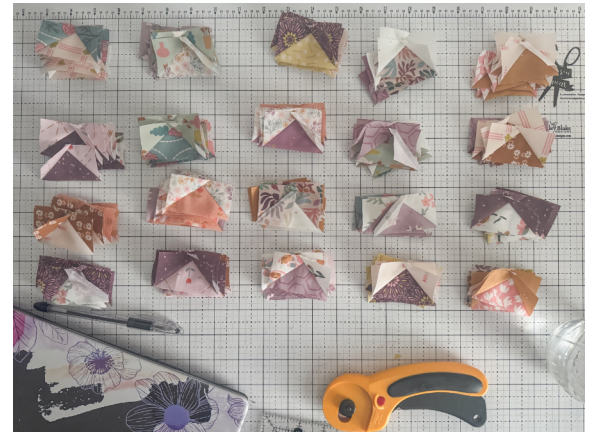
IG: [@sweetpotatoquilts](#) | Website: [www.sweetpotatoquilts.com](#) | E-mail: [contact@sweetpotatoquilts.com](#)

WANT MORE? HERE'S A FREE GUIDE!

Flying geese are one of the most versatile quilt units out there, working beautifully in borders, star points, sashing, and full quilt layouts. Once you master the steps for making 4-at-a-time flying geese, you can use that same method to create geese in any size you need.

The process doesn't change, but the starting square sizes do. To make it easy, I've put together a free sizing chart that shows exactly what size squares to cut for any finished flying geese size you want.

Just follow the link below, and the guide will be delivered straight to your inbox.

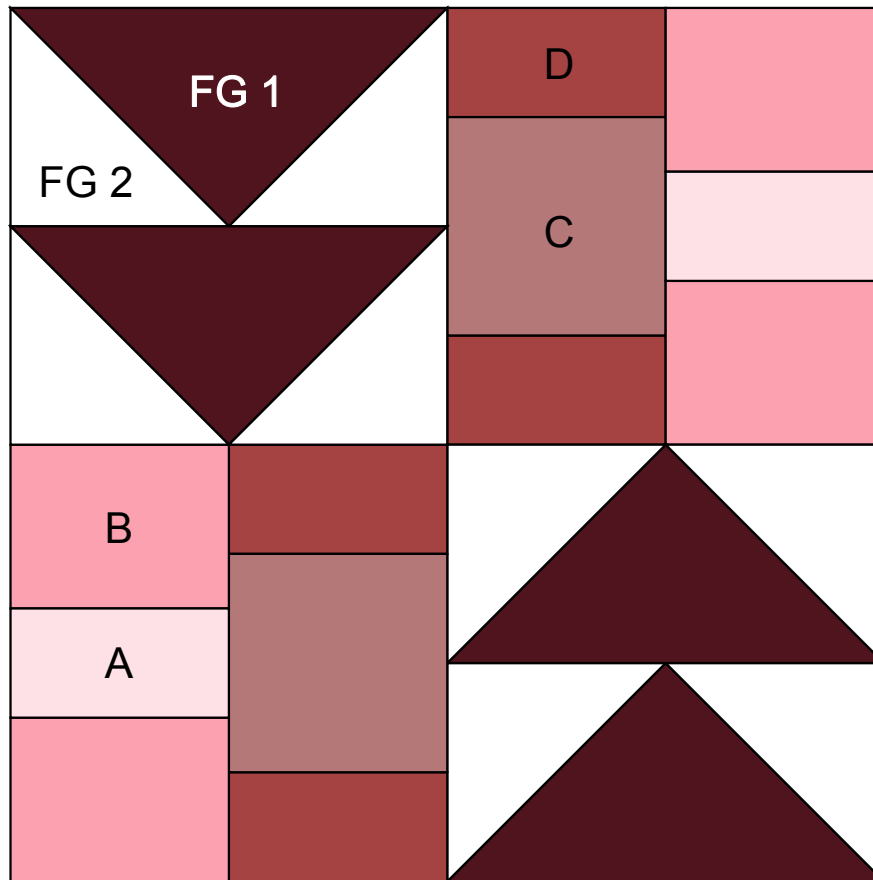


**CLICK HERE TO GET THE FREE
FLYING GEESE SIZING CHART**

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Cutting List/Piece Count

Unfinished Size: 16 ½" x 16 ½"



FABRIC #	PIECE COUNT
1	A - (2) 2 ½" x 4 ½"
2	B - (4) 3 ½" x 4 ½"
3	C - (2) 4 ½" x 4 ½"
4	D - (4) 2 ½" x 4 ½"
5	FG 1 - (1) 9 ½" x 9 ½"
Background	FG 2 - (4) 5" x 5"

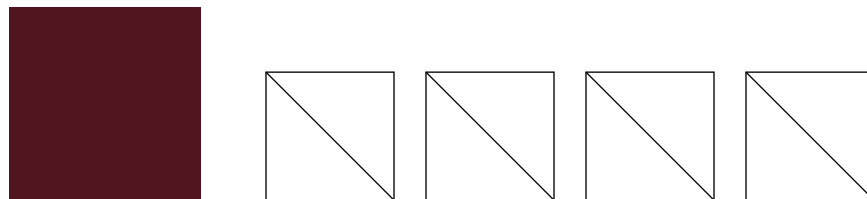
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Flying Geese

4 - AT - A - TIME

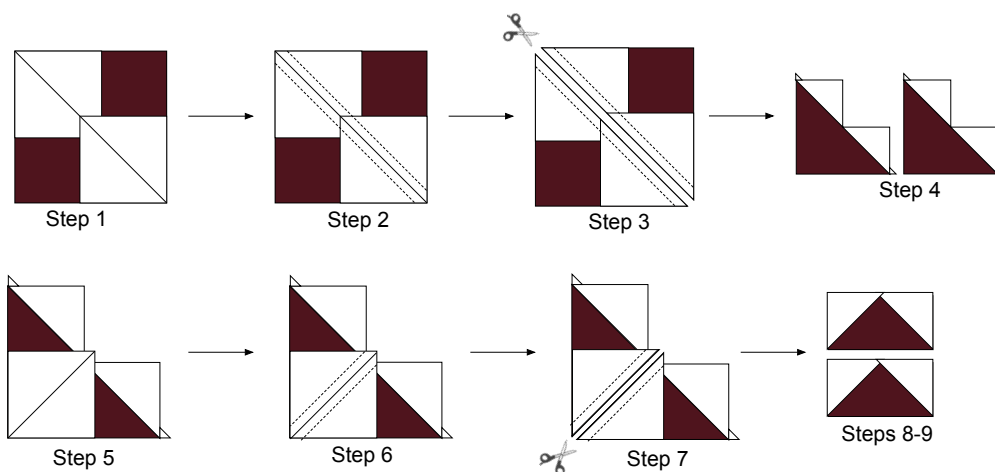
Gather (1) 9 ½" x 9 ½" **Fabric 5 FG 1** square and (4) 5" x 5" **BG Fabric FG 2** squares.

Draw a diagonal line across the wrong side of the (4) smaller squares and use the instructions below to make 4-at-a-time FGs.



(1) 9 ½" x 9 ½" **Fabric 5 FG 1** + (4) 5" x 5" **BG Fabric FG 2**

FLYING GEESE INSTRUCTIONS

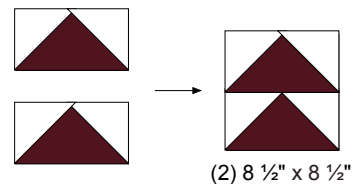


1. Place (2) smaller **BG Fabric FG 2** squares RST in opposite corners on the **Fabric 5 FG 1** square.
The small squares will overlap in the center.
2. Sew a ¼" seam on both sides of the diagonal line.
3. Cut along the line and separate the unit into (2) parts.
4. Open and press seams toward the small triangles.
5. Place (2) more smaller squares RST on the (2) new units from previous step
(diagram above only shows (1) unit).
6. Sew a ¼" seam on both sides of the line.
7. Cut along the drawn line and separate into (2) parts.
8. Open and press toward the small triangles. Repeat steps 5-8 with all remaining FG pieces.
9. Trim all FG units to 8 ½" x 4 ½", using the video tutorial as a guide.

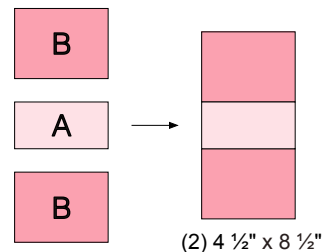
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PIECING INSTRUCTIONS

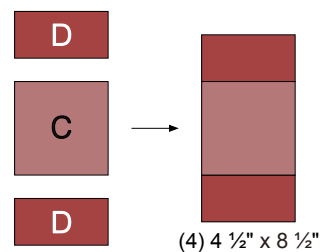
1. Sew (2) FGs RST as shown on the right and repeat to make (2) $8\frac{1}{2}" \times 8\frac{1}{2}"$ flying geese units.



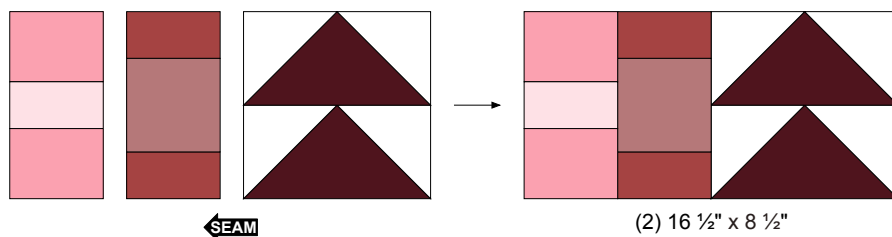
2. Gather all **B** rectangles and sew them RST to the top and bottom of each of the (2) **A** rectangles. Make (2) $4\frac{1}{2}" \times 8\frac{1}{2}"$ units.



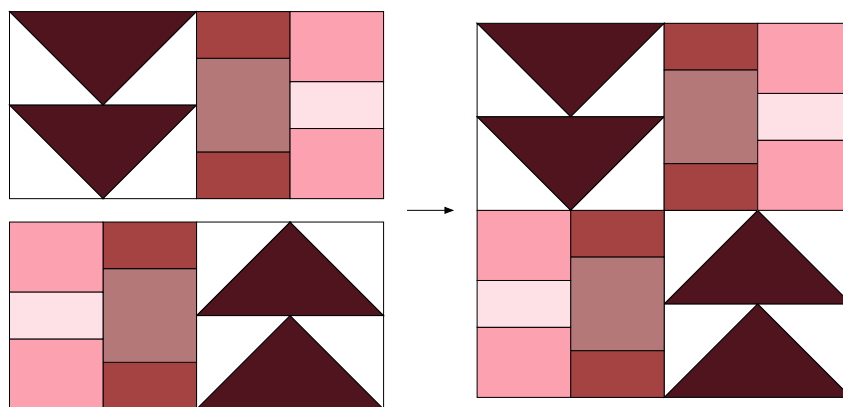
3. Gather all **D** rectangles and sew them RST to the top and bottom of each of the (2) **C** squares. Make (2) $4\frac{1}{2}" \times 8\frac{1}{2}"$ units.



4. From left to right, sew RST the units made in step 2, step 3, and step 1. Repeat to make (2) $16\frac{1}{2}" \times 8\frac{1}{2}"$ units.



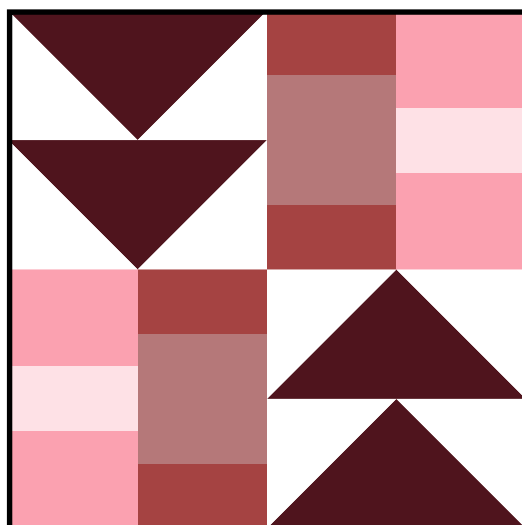
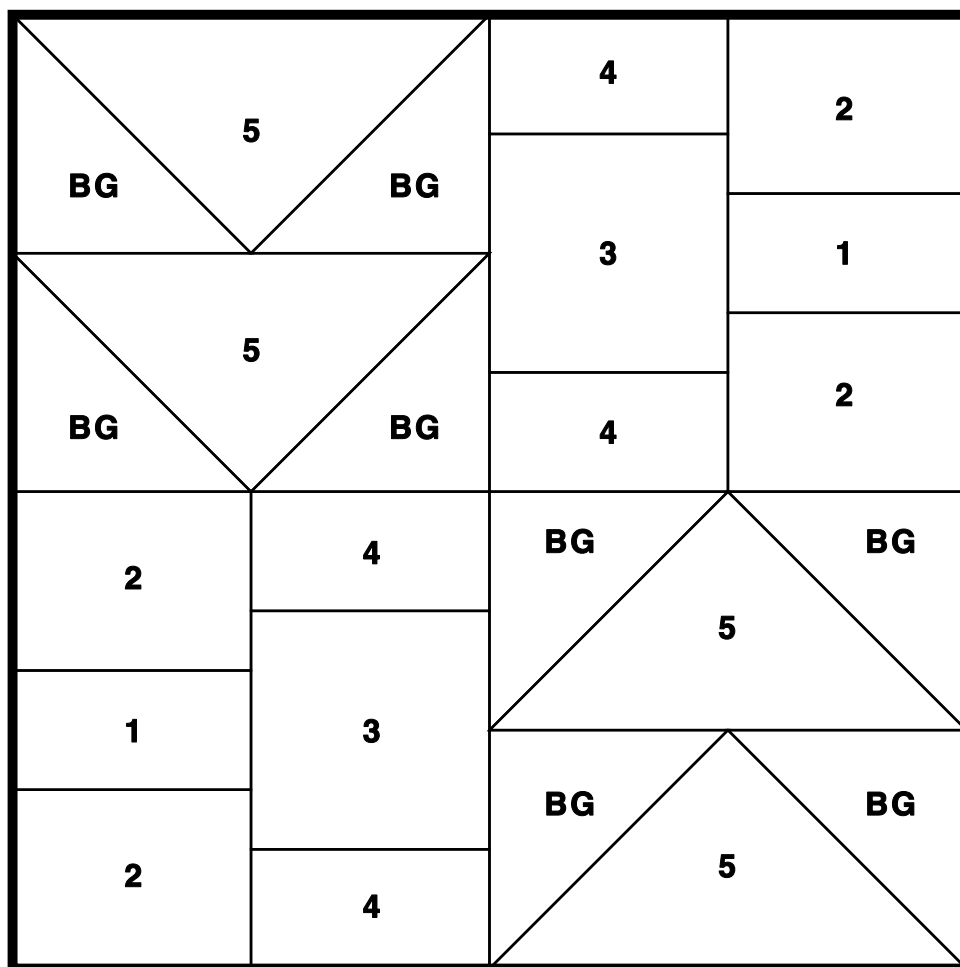
5. Rotate one of the units from the previous step by 180 degrees, and sew it RST to the top of the other unit made in the previous step to complete the $16\frac{1}{2}" \times 16\frac{1}{2}"$ block. Reserve the block for quilt assembly instructions.



Block 1
 $16\frac{1}{2}" \times 16\frac{1}{2}"$ unfinished

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Coloring Page



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