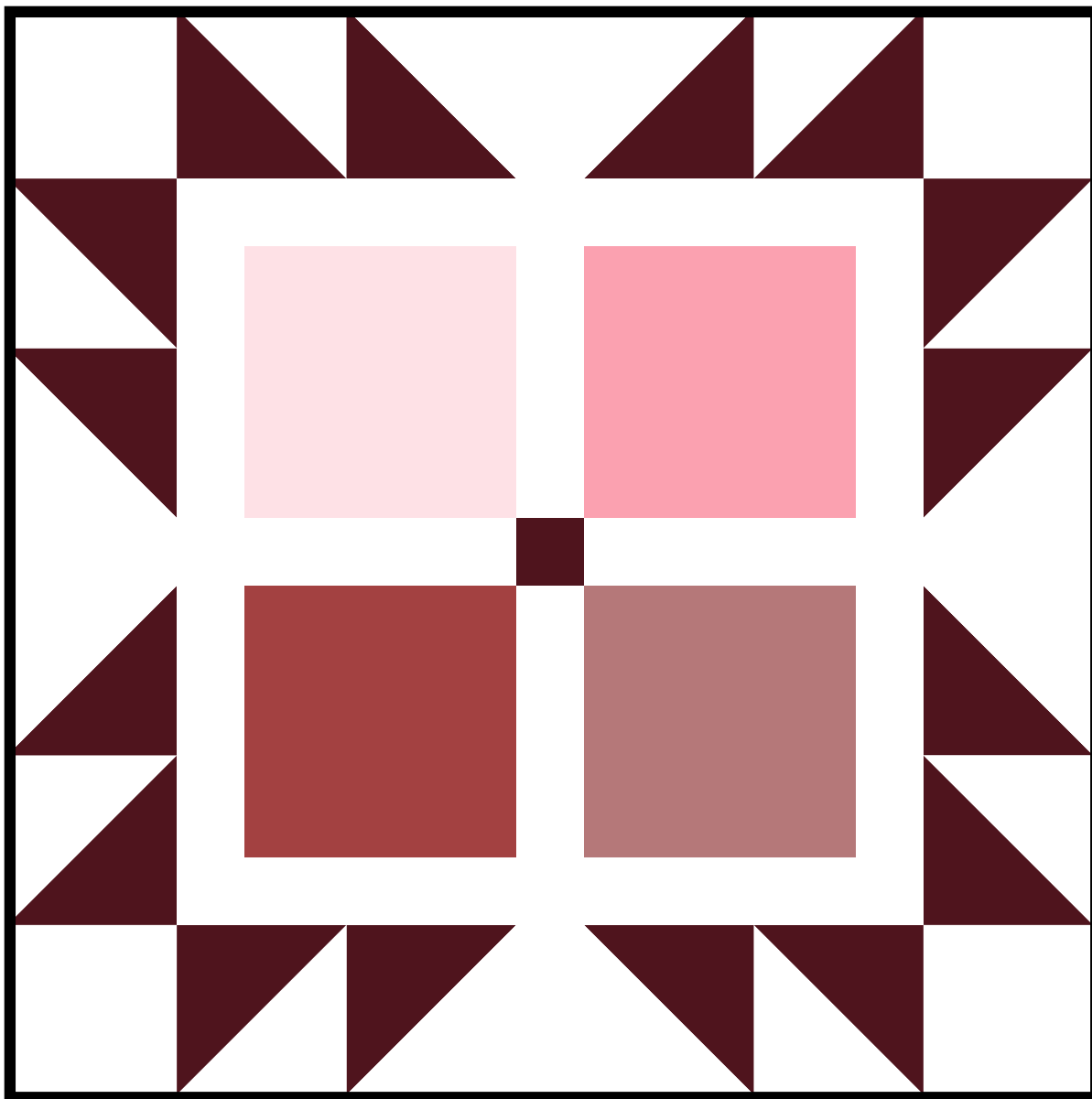


Block 3

8-AT-A-TIME HALF-SQUARE TRIANGLES



BERNINA + SWEET POTATO
QUILTS

SKILLBUILDER SEW ALONG

WELCOME



Hi There,

This block uses the 8-at-a-time method for half-square triangles, which is perfect when you need a bunch in a hurry! Just be sure to trim them accurately after pressing so everything lines up smoothly in your final block.

Need extra help? Subscribe to my [YouTube channel](#) to see all of these steps in action!

Christina

Let's keep in touch!

IG: [@sweetpotatoquilts](#) | Website: [www.sweetpotatoquilts.com](#) | E-mail: [contact@sweetpotatoquilts.com](#)

WANT MORE? GRAB THE ULTIMATE HST GUIDE!

There are so many more ways to make half-square triangles than we've covered in this sew along: 1-at-a-time, 4-at-a-time, and more.

That's why I've put together the ultimate guide to HSTs, showing you how to make them using the method that works best for you in any situation. It also includes handy sizing charts so you'll know exactly what size pieces to start with. With this guide, you'll be able to make all the HSTs you need for any project. Just click below, and we'll send the ultimate guide straight to your inbox.

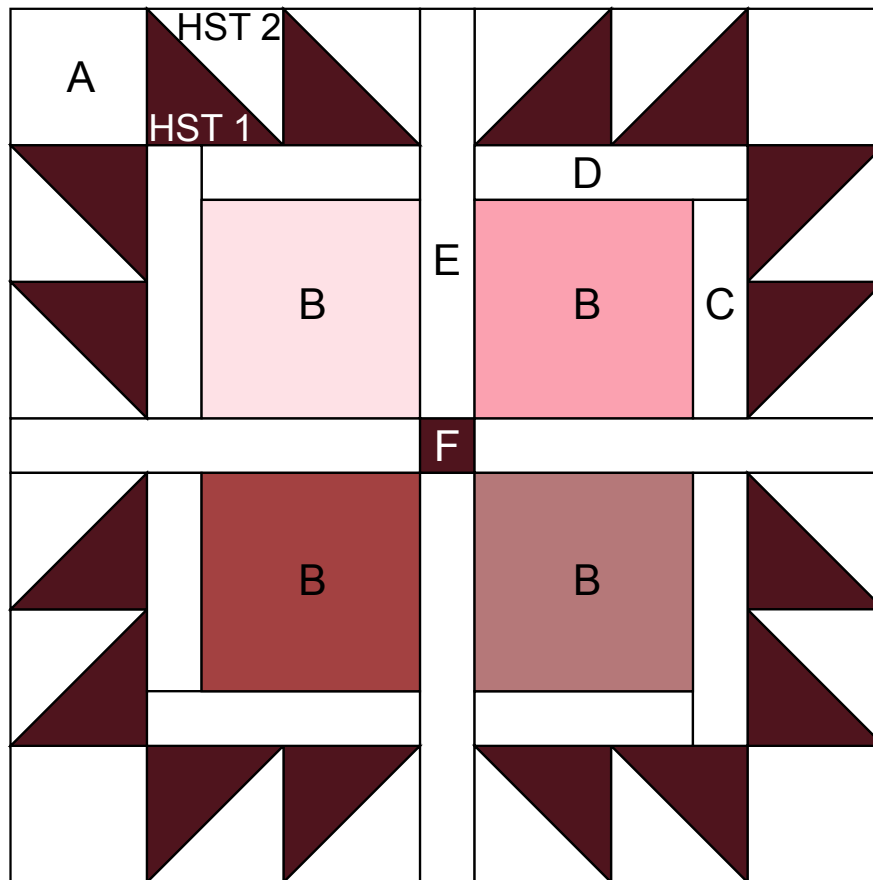
**CLICK HERE TO GET THE
ULTIMATE HST GUIDE**



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Cutting List/Piece Count

Unfinished Size: 16 ½" x 16 ½"



FABRIC #

PIECE COUNT

1

B - (1) 4 ½" x 4 ½"

2

B - (1) 4 ½" x 4 ½"

3

B - (1) 4 ½" x 4 ½"

4

B - (1) 4 ½" x 4 ½"

5

HST 1 - (2) 7" x 7"

F - (1) 1 ½" x 1 ½"

HST 2 - (2) 7" x 7"

A - (4) 3" x 3"

C - (4) 1 ½" x 4 ½"

D - (4) 1 ½" x 5 ½"

E - (4) 1 ½" x 8"

Background

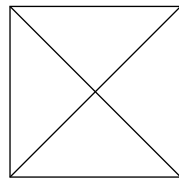
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Half - Square Triangles

8 - AT - A - TIME

Gather all **HST** squares reserved for HST piecing and pair each **BG Fabric** square with (1) **Fabric 5** square. From each pair, draw two diagonal lines across the wrong side of the lighter square, then use the instructions below to make 8-at-a-time HSTs.

BG Fabric HST



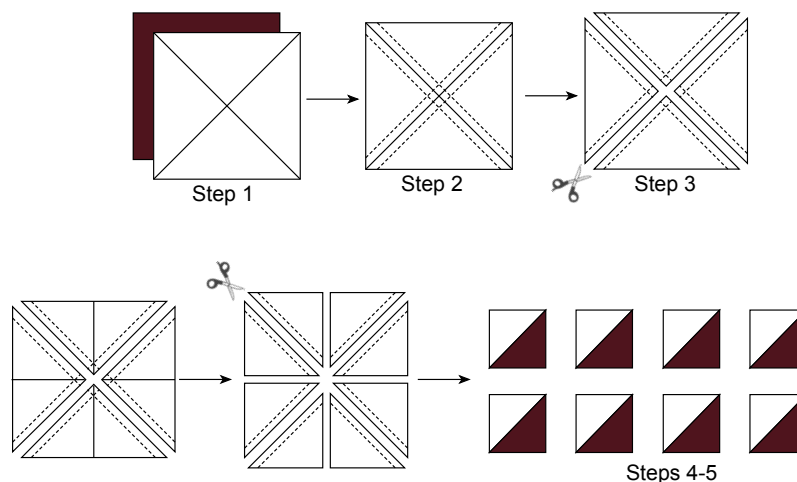
(2) 7" x 7"

Fabric 5 HST



(2) 7" x 7"

HALF-SQUARE TRIANGLE INSTRUCTIONS

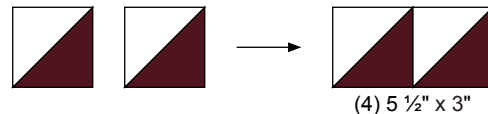


1. Place the square with diagonal lines RST with its corresponding square.
2. Sew a $\frac{1}{4}$ " seam on each side of the diagonal lines.
3. Cut along the the diagonal lines, then cut each of the (4) new units in half to create (8) HSTs.
4. Open and press towards the darker fabric.
5. Trim all **HSTs** to 3" x 3".
6. Repeat steps 1-5 to make a total of (16) 3" x 3" HSTs.

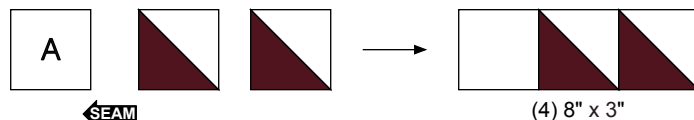
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PIECING INSTRUCTIONS

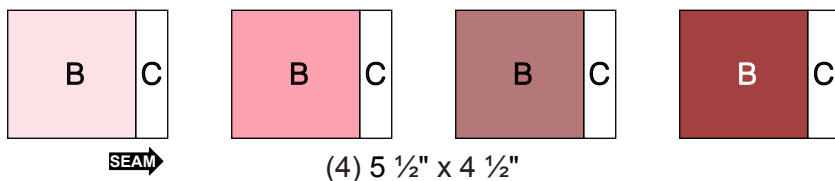
1. Divide all HSTs into (2) sets of 8. Sew the HSTs from one pile RST into pairs in the arrangement shown at the right. Make (4) 5 ½" x 3" units.



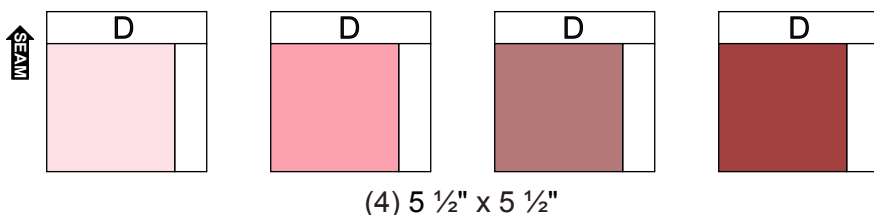
2. Sew the HSTs from the other pile RST into pairs in the arrangement shown at the right. Then, sew **A** RST to the left of the unit. Repeat to make (4) 8" x 3" units. Press seams toward **A**.



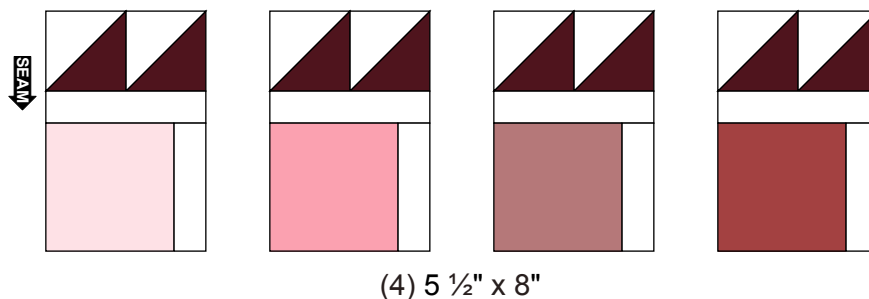
3. Gather all **Fabric 1, 2, 3,** and **4 B** squares, along with all **C** rectangles. Sew the **C** rectangles RST to the right side of each **B** square to make (4) 5 ½" x 4 ½" units. Press seams toward all **C**.



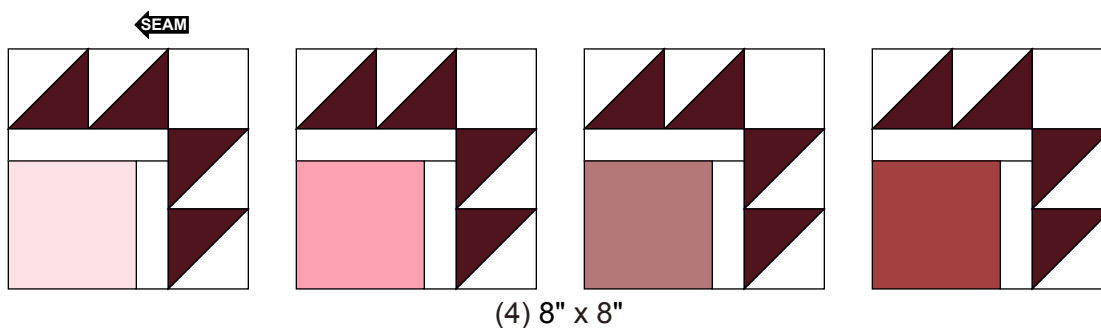
4. Sew (1) **D** rectangle RST to the top of each unit from step 3 to make (4) 5 ½" x 5 ½" units. Press seams toward all **D**.



5. Sew the (4) HST units from step 1 RST to the top of each unit from step 4 to make (4) 5 ½" x 8" units. Press seams away from the HST units.



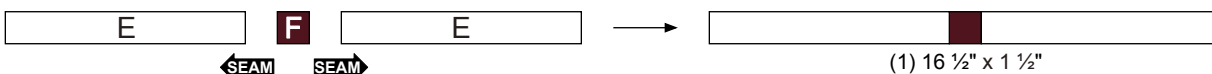
6. Sew the (4) HST units from step 2 RST to the right side of each unit from step 5 to make (4) 8" x 8" units. Press seams away from the HST units.



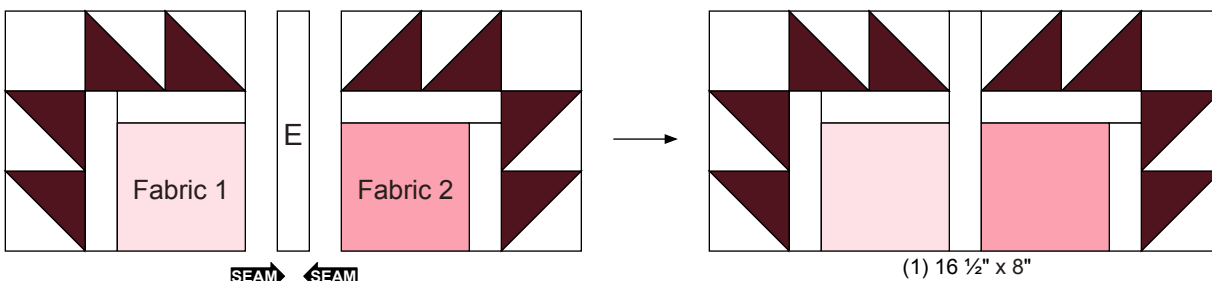
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PIECING INSTRUCTIONS

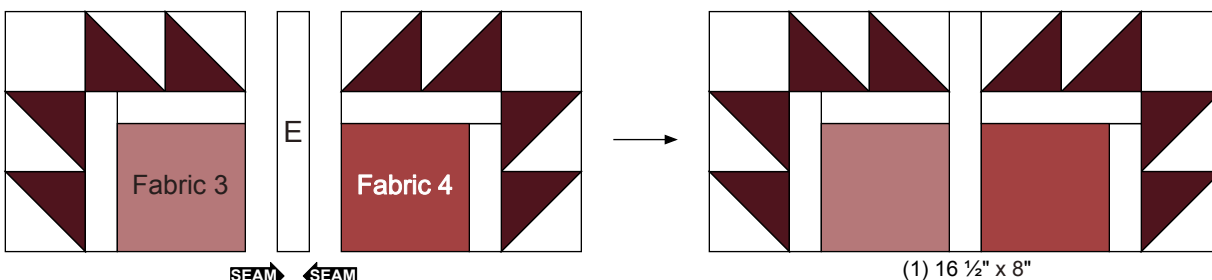
7. Sew (2) **E** RST to the left and right side of **F** to make (1) $16\frac{1}{2}" \times 1\frac{1}{2}"$ unit. Press seams away from **F**.



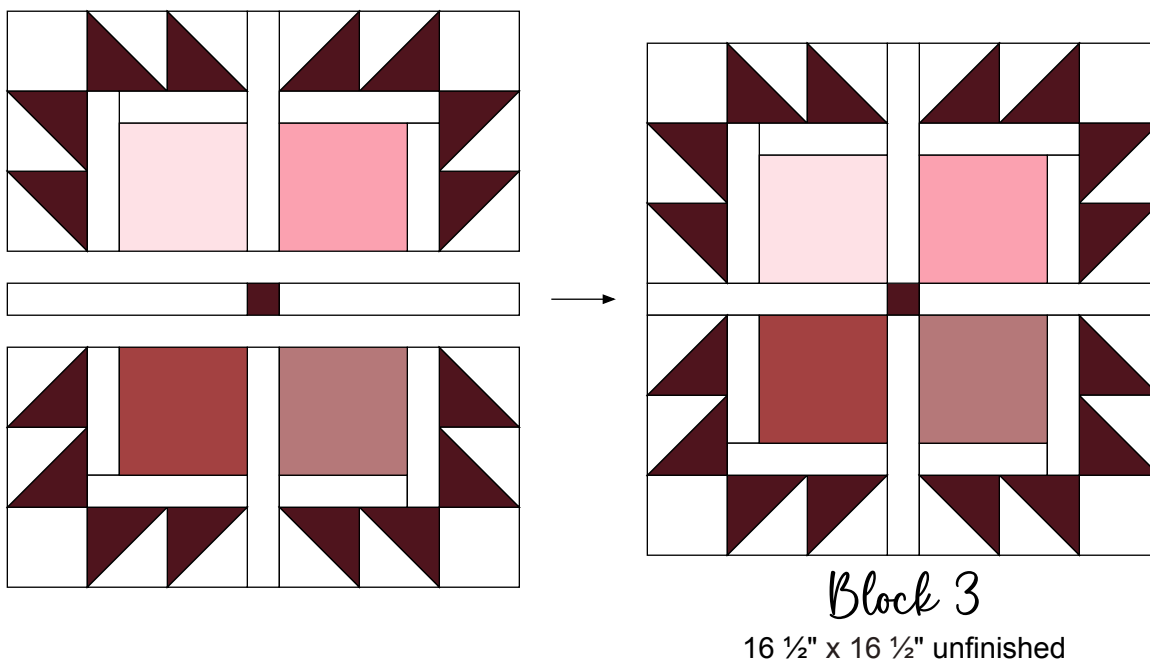
8. Sew the **Fabric 1** unit from step 6 RST to the left side of **E**, then sew the **Fabric 2** unit from step 6 RST to the right side of the unit to make (1) $16\frac{1}{2}" \times 8"$ unit. Press seams toward **E**.



9. Sew the **Fabric 3** unit from step 6 RST to the left side of the last remaining **E**, then sew the **Fabric 4** unit from step 6 RST to the right side of the unit to make (1) $16\frac{1}{2}" \times 8"$ unit. Press seams toward **E**.



10. Sew the unit from step 8 RST to the top of the unit from step 9. Then, take the unit from step 9 and rotate it 180 degrees before sewing it RST to the bottom of the unit to complete the $16\frac{1}{2}" \times 16\frac{1}{2}"$ block. Reserve the block for quilt assembly instructions.



Coloring Page

