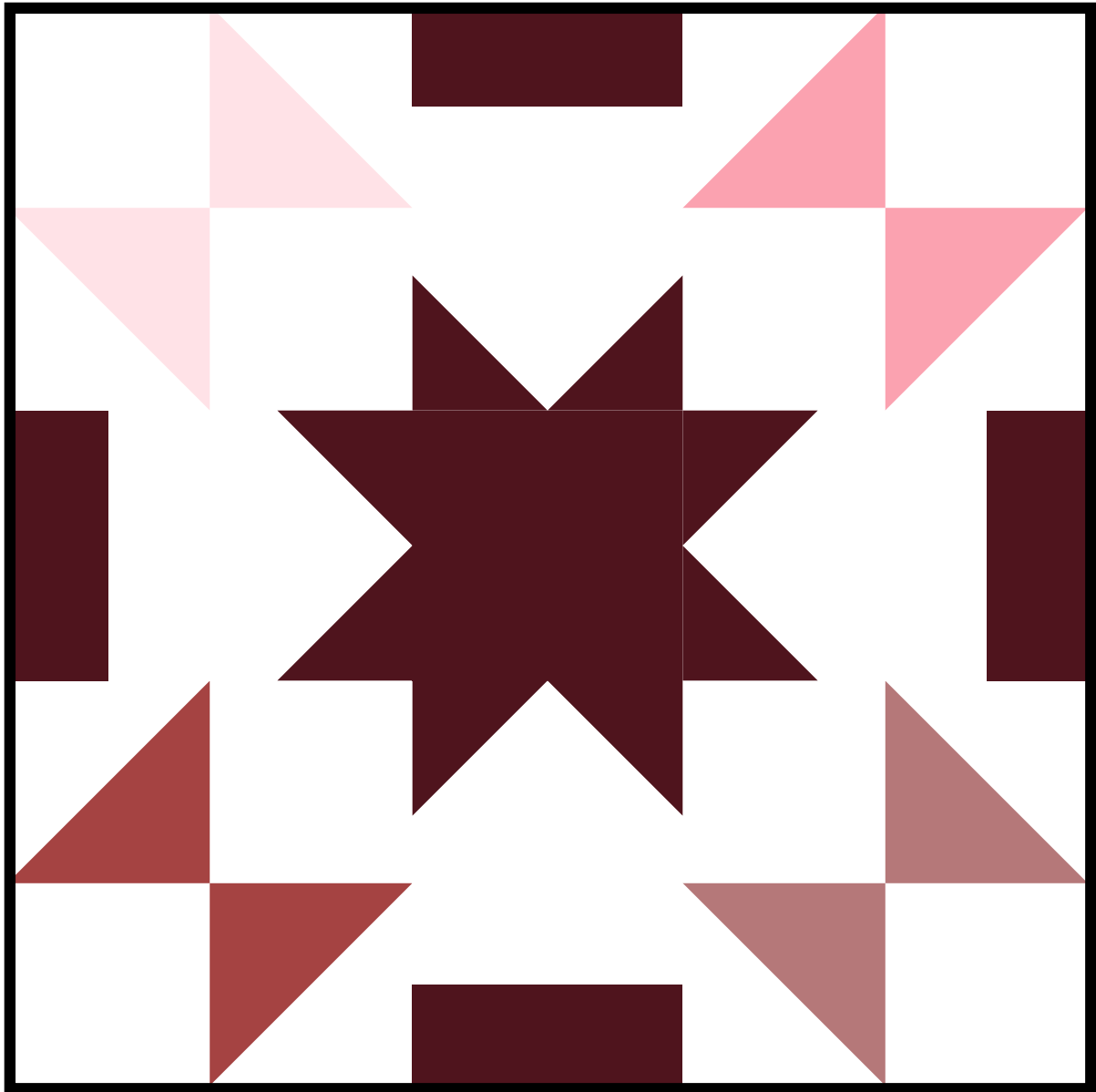


Block 2

2-AT-A-TIME HALF-SQUARE TRIANGLES



BERNINA + SWEET POTATO
QUILTS

SKILLBUILDER SEW ALONG

WELCOME



Hi There,

This block features half-square triangles made using the 2-at-a-time method. I love it because it is simple, reliable, and great for beginners. Be sure to trim to the correct size after sewing and pressing to keep everything neat and accurate.

Need extra help? Subscribe to my [YouTube channel](#) to see all of these steps in action!

Christina

Let's keep in touch!

IG: [@sweetpotatoquilts](#) | Website: www.sweetpotatoquilts.com | E-mail: contact@sweetpotatoquilts.com

WANT MORE? CHECK OUT OUR BOM PROGRAM:

Did you know that we have a Block of the Month program at Sweet Potato Quilts?

Each month, we make a 12" block together, and by December, you'll have a finished quilt to enjoy. Each block focuses on a different quilting skill, so you'll keep learning and building confidence as you go, just like in this sew along.

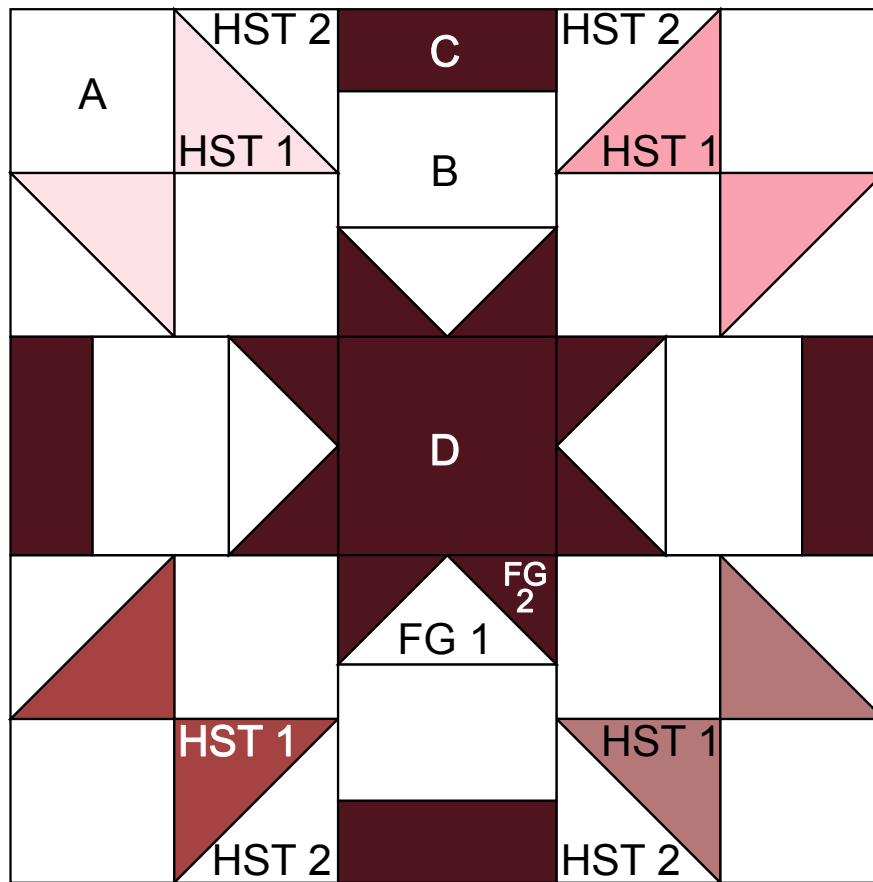
It's not too late to join! You can start sewing today and receive all the patterns released since January 2025. Click the link below to learn more about the program and get started.

LEARN ABOUT THE BOM HERE



Cutting List/Piece Count

Unfinished Size: 16 ½" x 16 ½"



FABRIC

PIECE COUNT

1

HST 1 - (1) 4" x 4"

2

HST 1 - (1) 4" x 4"

3

HST 1 - (1) 4" x 4"

4

HST 1 - (1) 4" x 4"

5

FG 2 - (4) 3" x 3"

C - (4) 4 ½" x 2"

D - (1) 4 ½" x 4 ½"

HST 2 - (4) 4" x 4"

Background

FG 1 - (1) 5 ½" x 5 ½"

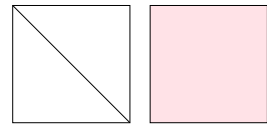
A - (8) 3 ½" x 3 ½"

B - (4) 4 ½" x 3"

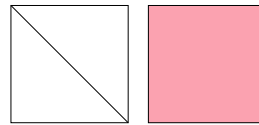
Half - Square Triangles

2 - AT - A - TIME

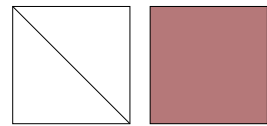
Gather all **HST 1** squares from Fabric 1, 2, 3, and 4 and pair them each with (1) **BG Fabric HST 2** square. Draw a diagonal line across the wrong side of the lighter square from each pairing and use the instructions below to make 2-at-a-time HSTs.



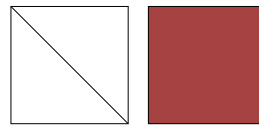
(1) 4" x 4" Fabric 1 HST 1
+
(1) 4" x 4" BG Fabric HST 2



(1) 4" x 4" Fabric 2 HST 1
+
(1) 4" x 4" BG Fabric HST 2

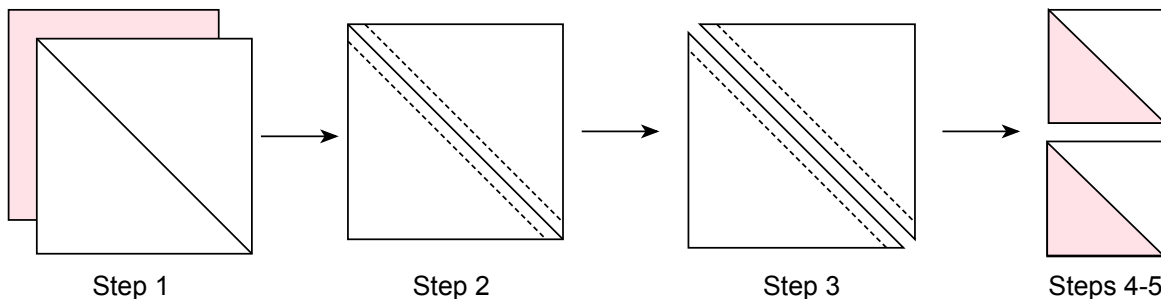


(1) 4" x 4" Fabric 3 HST 1
+
(1) 4" x 4" BG Fabric HST 2

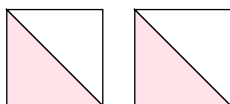


(1) 4" x 4" Fabric 4 HST 1
+
(1) 4" x 4" BG Fabric HST 2

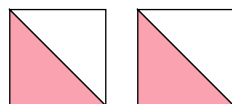
HALF-SQUARE TRIANGLE INSTRUCTIONS



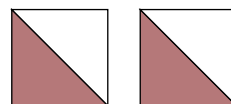
1. Place (1) pair of HST squares RST.
2. Sew a $\frac{1}{4}$ " seam on both sides of the diagonal line.
3. Cut along the line and separate the unit into (2) parts.
4. Open and press seams toward the darker fabric.
5. Trim all HSTs to $3\frac{1}{2}$ " x $3\frac{1}{2}$ ".
6. Repeat steps 1-5 with the rest of the pairs to make:



(2) $3\frac{1}{2}$ " x $3\frac{1}{2}$ "
Fabric 1 HST



(2) $3\frac{1}{2}$ " x $3\frac{1}{2}$ "
Fabric 2 HST



(2) $3\frac{1}{2}$ " x $3\frac{1}{2}$ "
Fabric 3 HST



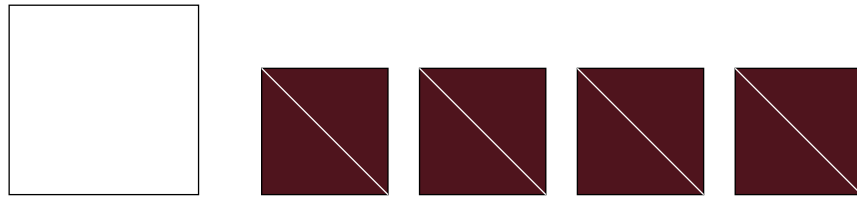
(2) $3\frac{1}{2}$ " x $3\frac{1}{2}$ "
Fabric 4 HST

Flying Geese

4 - AT - A - TIME

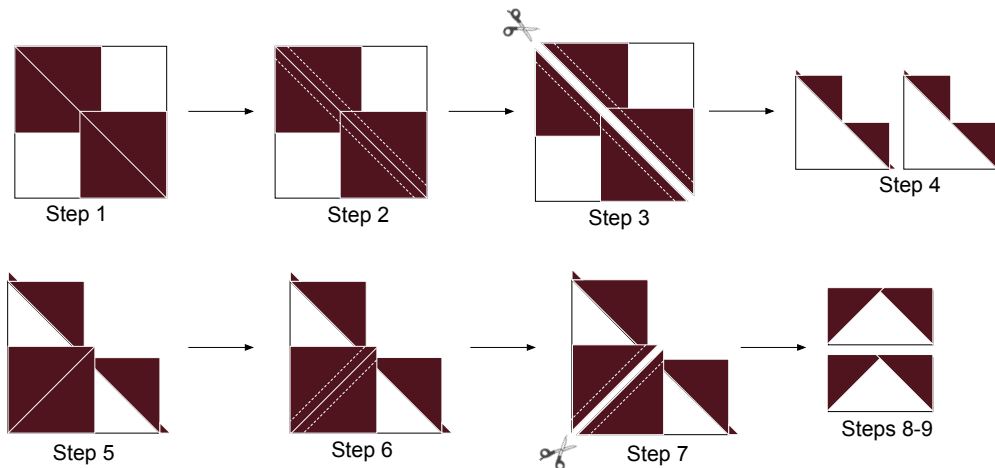
Gather (1) 5 ½" x 5 ½" **BG Fabric FG 1** square and (4) 3" x 3" **Fabric 5 FG 2** squares.

Draw a diagonal line across the wrong side of the (4) smaller squares and use the instructions below to make 4-at-a-time FGs.



(1) 5 ½" x 5 ½" **BG Fabric FG 1** + (4) 3" x 3" **Fabric 5 FG 2**

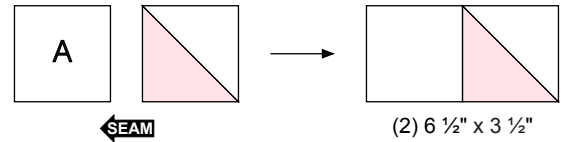
FLYING GEESE INSTRUCTIONS



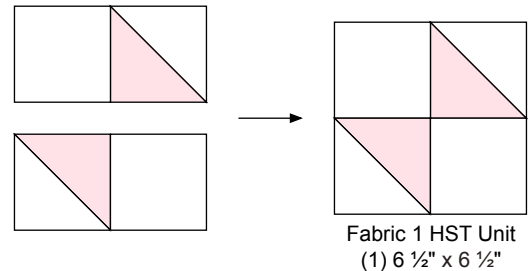
1. Place (2) smaller **Fabric 5 FG 2** squares RST in opposite corners on the **BG Fabric FG 1** square. The small squares will overlap in the center.
2. Sew a ¼" seam on both sides of the diagonal line.
3. Cut along the line and separate the unit into (2) parts.
4. Open and press seams toward the small triangles.
5. Place (2) more smaller squares RST on the (2) new units from previous step (diagram above only shows (1) unit).
6. Sew a ¼" seam on both sides of the line.
7. Cut along the drawn line and separate into (2) parts.
8. Open and press toward the small triangles. Repeat steps 5-8 with all remaining FG pieces.
9. Trim all FG units to 4 ½" x 2 ½".

PIECING INSTRUCTIONS

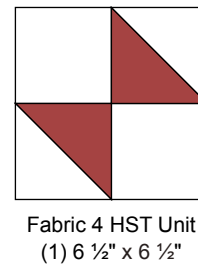
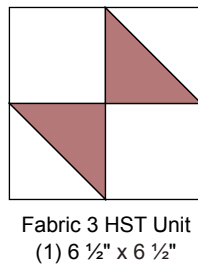
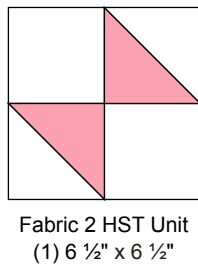
1. Gather all **Fabric 1 HSTs** and sew them RST to the right side of (2) **A** squares to make (2) $6\frac{1}{2}" \times 3\frac{1}{2}"$ units. Press seams toward the **A** squares.



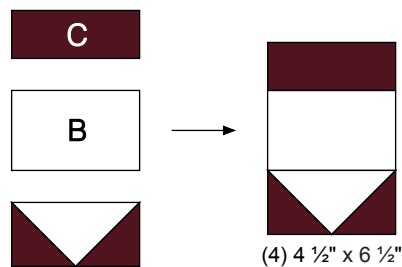
2. Rotate one of the units from step 1 and sew it RST to the bottom of the other unit from step 1 to make (1) $6\frac{1}{2}" \times 6\frac{1}{2}"$ unit with **Fabric 1 HSTs**. Press the new seam open.



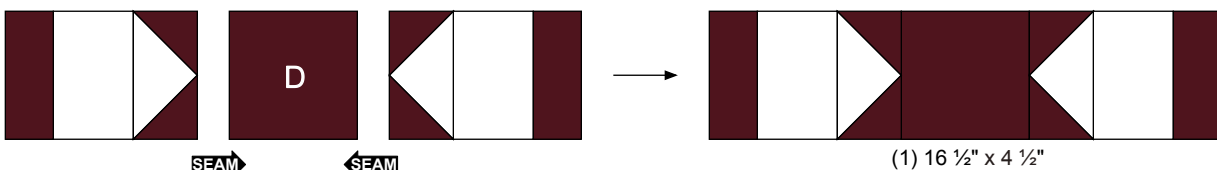
3. Repeat steps 1 and 2 with all **Fabric 2, 3, and 4 HSTs** and all remaining **A** squares to make (3) more $6\frac{1}{2}" \times 6\frac{1}{2}"$ units.



4. Sew (1) flying geese RST to the bottom of **B**, then sew **C** RST to the top of the unit. Repeat to make a total of (4) $4\frac{1}{2}" \times 6\frac{1}{2}"$ units.

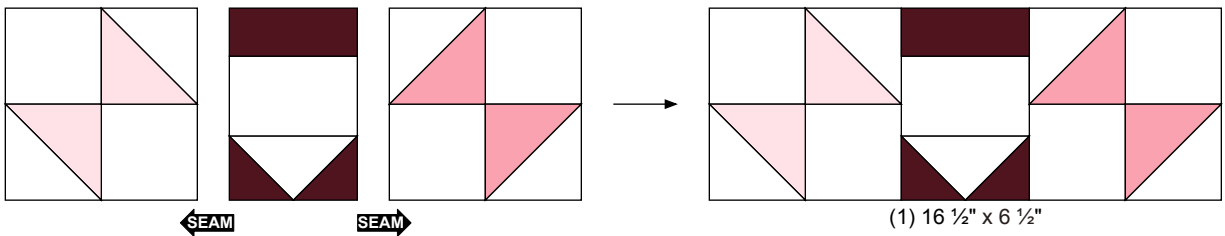


5. Sew (2) of the units from step 4 RST to the left and right side of **D** to make (1) $16\frac{1}{2}" \times 4\frac{1}{2}"$ unit. Press seams toward **D**.

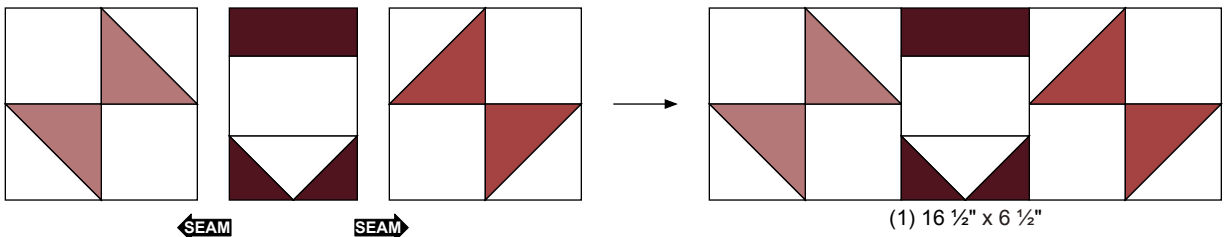


PIECING INSTRUCTIONS

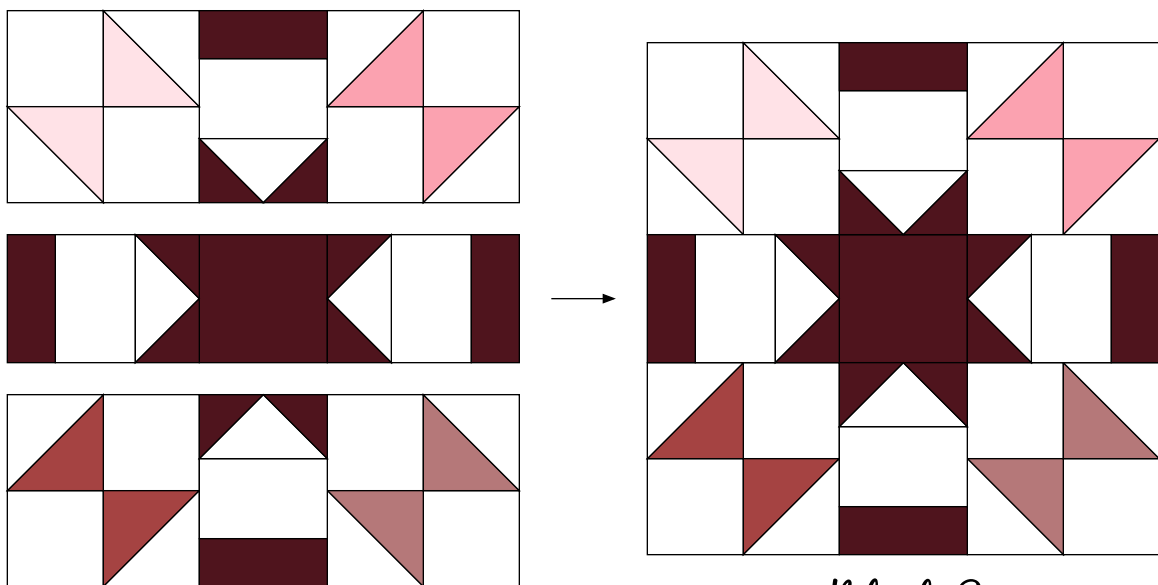
6. Sew the **Fabric 1 HST Unit RST** to the left side of one of the remaining units from step 4. Then, sew the **Fabric 2 HST Unit RST** to the right side of the unit to make (1) $16\frac{1}{2}" \times 6\frac{1}{2}"$ unit. Press seams away from the middle unit.



7. Sew the **Fabric 3 HST Unit RST** to the left side of the last remaining unit from step 4. Then, sew the **Fabric 4 HST Unit RST** to the right side of the unit to make (1) $16\frac{1}{2}" \times 6\frac{1}{2}"$ unit. Press seams away from the middle unit.



8. Sew the unit from step 6 RST to the top of the unit from step 5. Then, rotate the unit made in step 7 by 180 degrees and then sew it RST to the bottom of the unit to complete the $16\frac{1}{2}" \times 16\frac{1}{2}"$ block. Reserve the block for quilt assembly instructions.



Block 2

$16\frac{1}{2}" \times 16\frac{1}{2}"$ unfinished

Coloring Page

