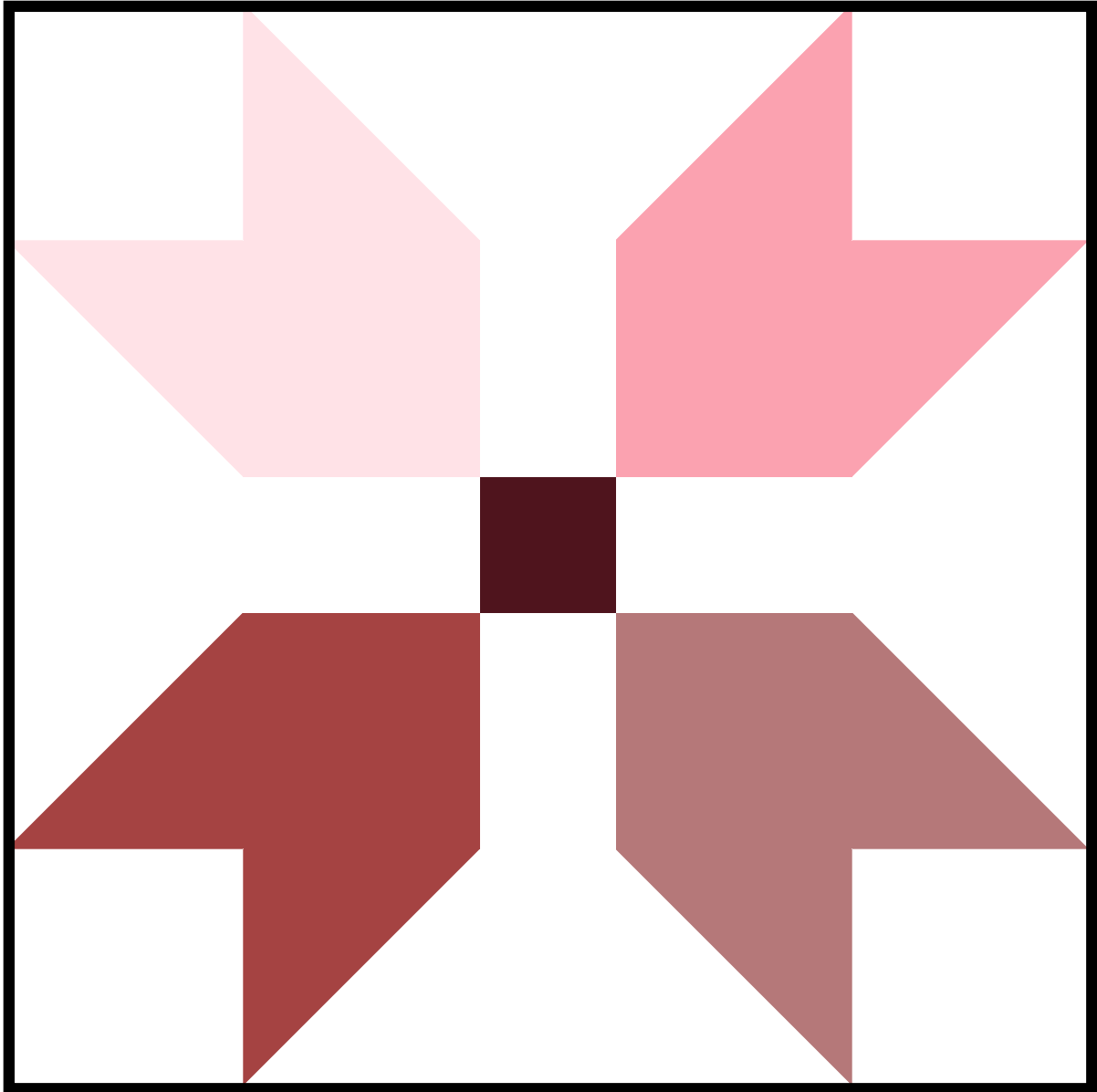


Block 7

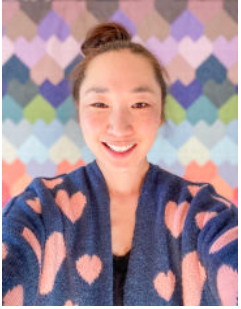
DISAPPEARING BLOCK



BERNINA + SWEET POTATO
QUILTS

SKILLBUILDER SEW ALONG

WELCOME



Hi There,

This one includes a simple disappearing block, which means we'll sew a simple layout first, then cut it up and rearrange the pieces to create something new. It's one of my favorite ways to turn a basic block into something that looks way more complex.

Subscribe to my [YouTube channel](#) to see all of these steps in action!

Christina

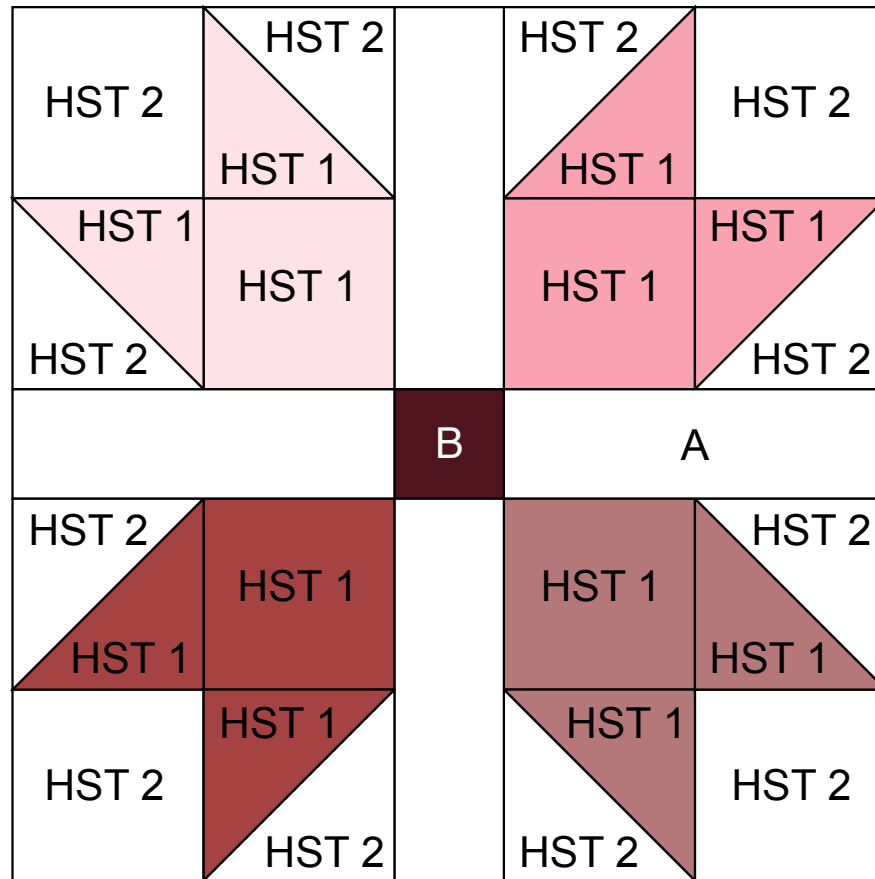
Let's keep in touch!

IG: [@sweetpotatoquilts](#) | Website: www.sweetpotatoquilts.com | E-mail: contact@sweetpotatoquilts.com

BERNINA
made to create

Cutting List/Piece Count

Unfinished Size: 16 ½" x 16 ½"



FABRIC

PIECE COUNT

1 HST 1 - (1) 8 ½" x 8 ½"

2 HST 1 - (1) 8 ½" x 8 ½"

3 HST 1 - (1) 8 ½" x 8 ½"

4 HST 1 - (1) 8 ½" x 8 ½"

5 B - (1) 2 ½" x 2 ½"

Background

HST 2 - (4) 8 ½" x 8 ½"

A - (4) 2 ½" x 7 ½"

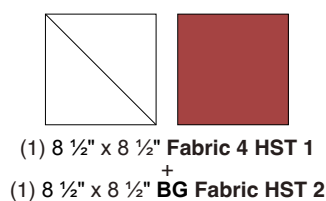
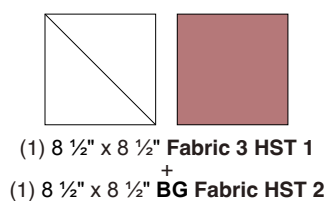
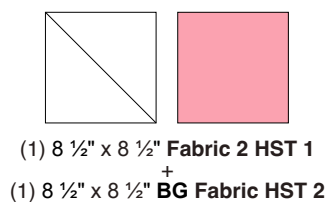
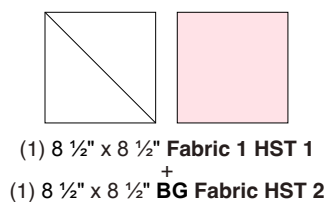
BERNINA
made to create

Half - Square Triangles

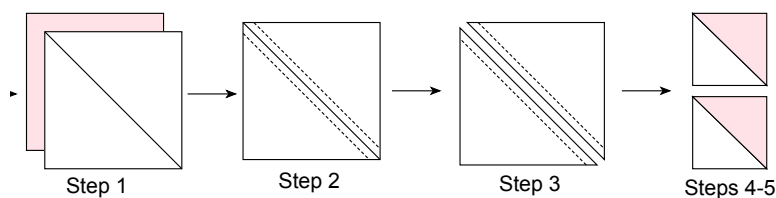
BERNINA
made to create

2 - AT - A - TIME

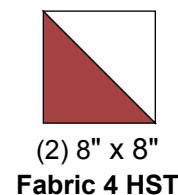
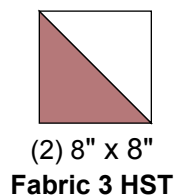
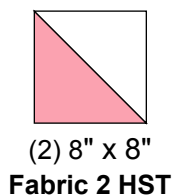
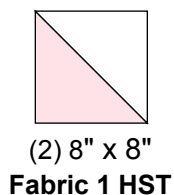
Gather all **HST 1** squares from Fabric 1, 2, 3, and 4 and pair them each with (1) **BG Fabric HST 2** square. Draw a diagonal line across the wrong side of the lighter square from each pairing and use the instructions below to make 2-at-a-time HSTs.



HALF-SQUARE TRIANGLE INSTRUCTIONS



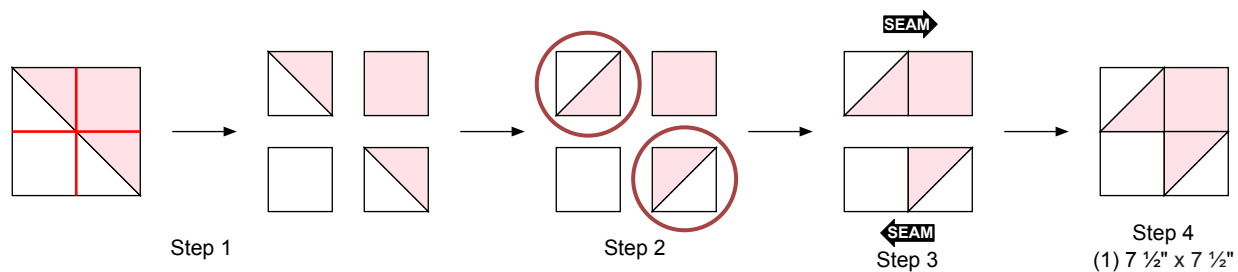
1. Place (1) pair of corresponding HST squares RST.
2. Sew a 1/4" seam on both sides of the diagonal line.
3. Cut along the line and separate the unit into (2) parts.
4. Open and press seams toward the darker fabric.
5. Trim all HSTs to 8" x 8".
6. Repeat steps 1-5 to make:



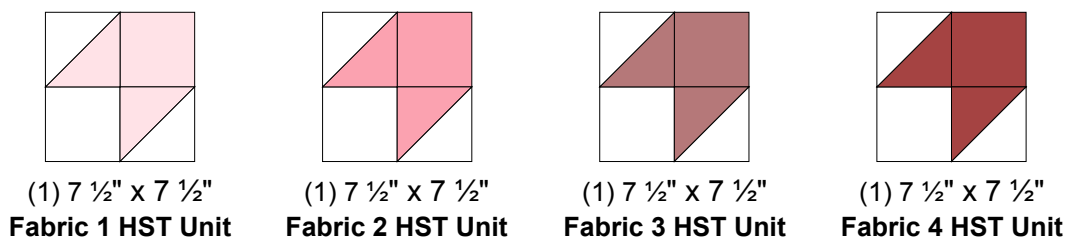
NOTE: Keep (1) HST from each pairing for piecing instructions, and save the other for another project.

PIECING INSTRUCTIONS

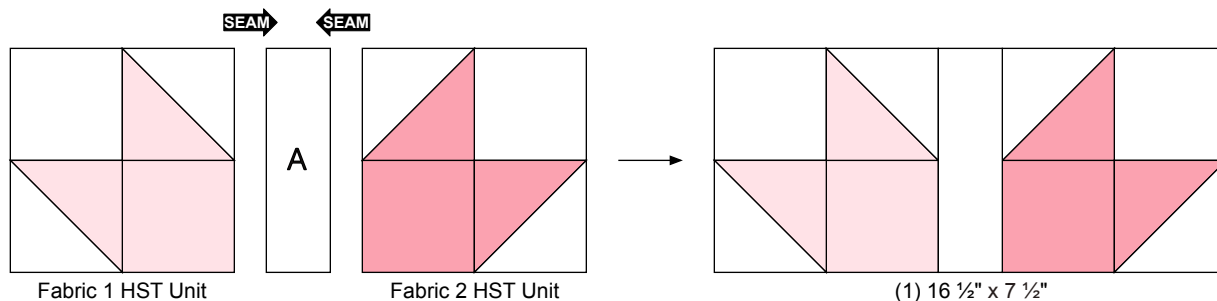
1. Cut the **Fabric 1 HST** in half twice to divide it into (4) equal parts, 4" x 4".
2. Rotate the smaller HST pieces (circled) so that **Fabric 1** is placed towards the center of the unit.
3. Piece the units into (2) rows and press seams away from the smaller HST pieces.
4. Sew the rows RST and press the new seam open to create a new 7 ½" x 7 ½" **Fabric 1** unit.



5. Repeat steps 1-4 with the **Fabric 2, 3, and 4 HSTs** to make (3) more 7 ½" x 7 ½" units.

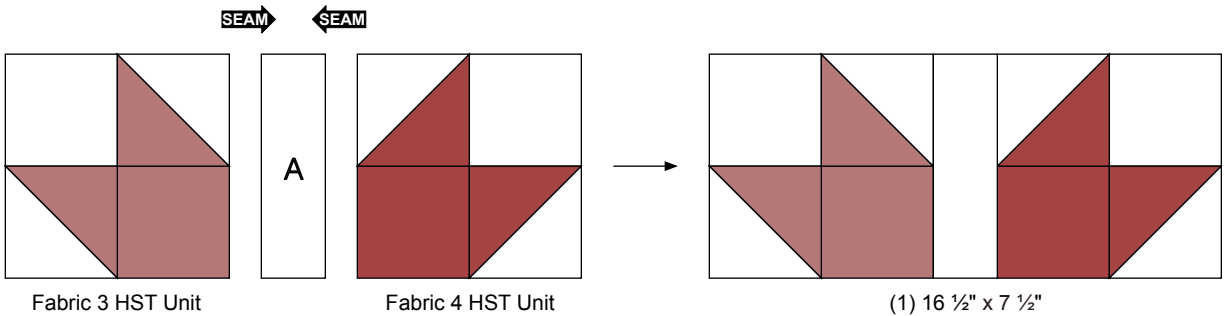


6. Sew the **Fabric 1 HST Unit** RST to the left side of (1) **A**. Then, sew the **Fabric 2 HST Unit** RST to the right side of the unit to make (1) 16 ½" x 7 ½" unit. Press seams toward **A**.

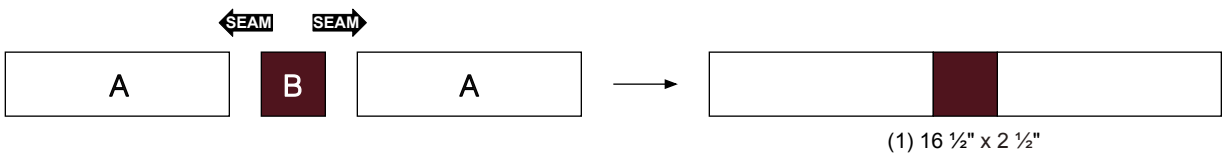


PIECING INSTRUCTIONS

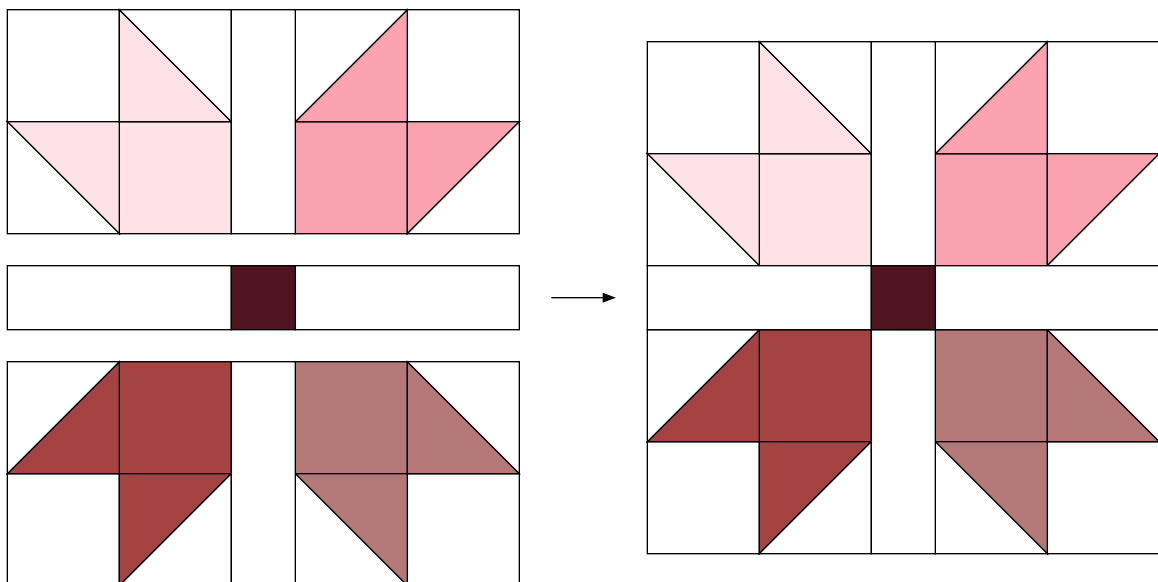
7. Sew the **Fabric 3 HST Unit** RST to the left side of (1) **A**. Then, sew the **Fabric 4 HST Unit** RST to the right side of the unit to make (1) $16\frac{1}{2}" \times 7\frac{1}{2}"$ unit. Press seams toward **A**.



8. Sew the remaining (2) **A** RST to the left and right side of **B**. Make (1) $16\frac{1}{2}" \times 2\frac{1}{2}"$ unit. Press seams away from **B**.



9. Sew the unit from step 6 RST to the top of the unit from step 8. Then, rotate the unit made in step 7 by 180 degrees and then sew it RST to the bottom of the unit to complete the $16\frac{1}{2}" \times 16\frac{1}{2}"$ block. Reserve the block for quilt assembly instructions.



Block 7

$16\frac{1}{2}" \times 16\frac{1}{2}"$ unfinished

BERNINA
made to create

Coloring Page

