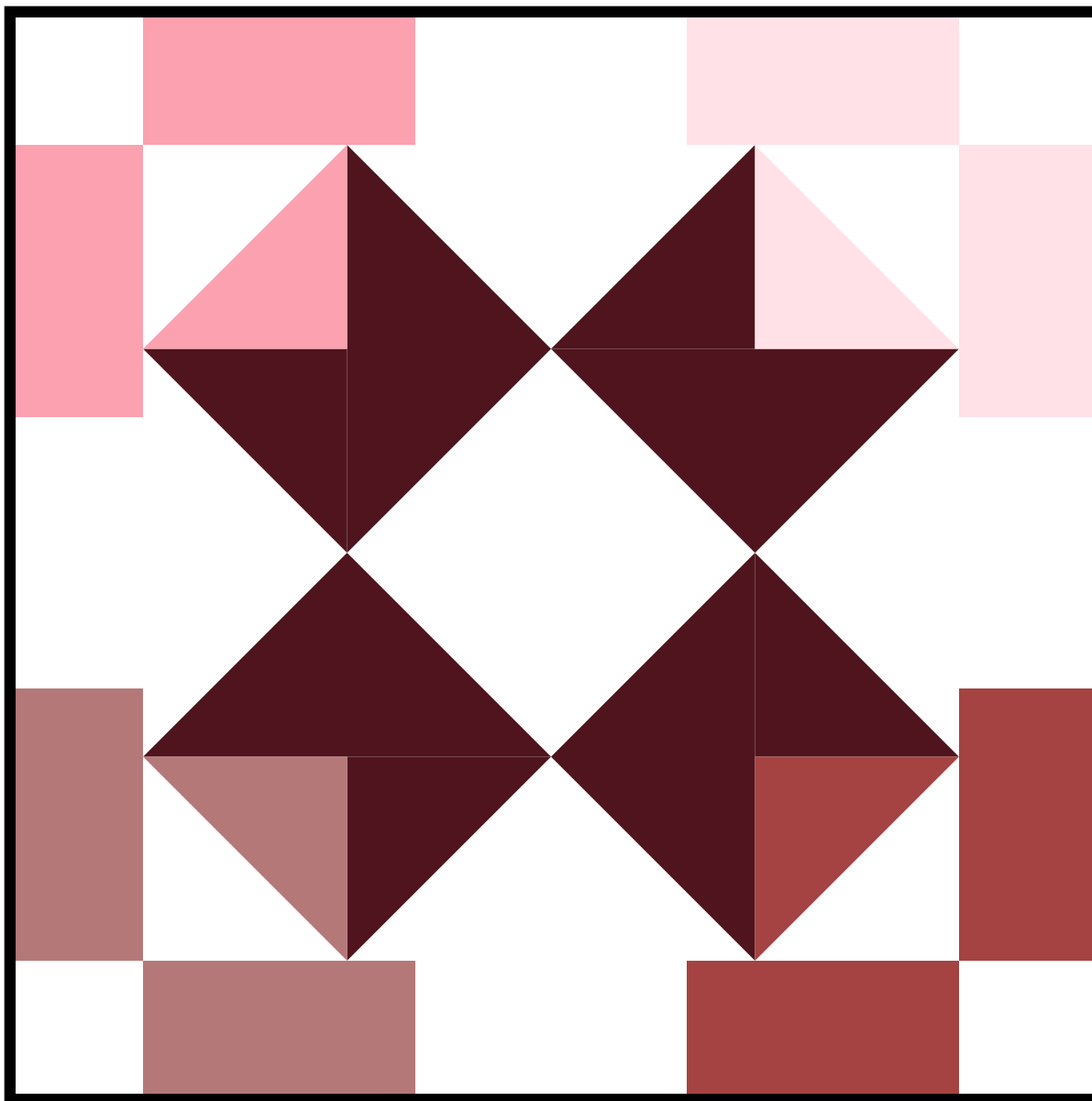


Block 8

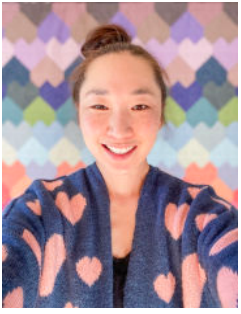
QUARTER-SQUARE TRIANGLES



BERNINA + SWEET POTATO
QUILTS

SKILLBUILDER SEW ALONG

WELCOME



Hi There,

This block is doing double duty because we're making Quarter-Square Triangles and placing the design on point! QSTs are made by combining two Half-Square Triangles and just like HSTs, trimming is key to keeping everything clean and lined up. Setting a block on point means we're rotating it so it looks like a diamond. It's a beautiful way to highlight a design element, but it also means we're working with more bias edges, so go ahead and starch your fabric ahead of time to help minimize stretching.

Subscribe to my [YouTube channel](#) to see how this block comes together!

Christina

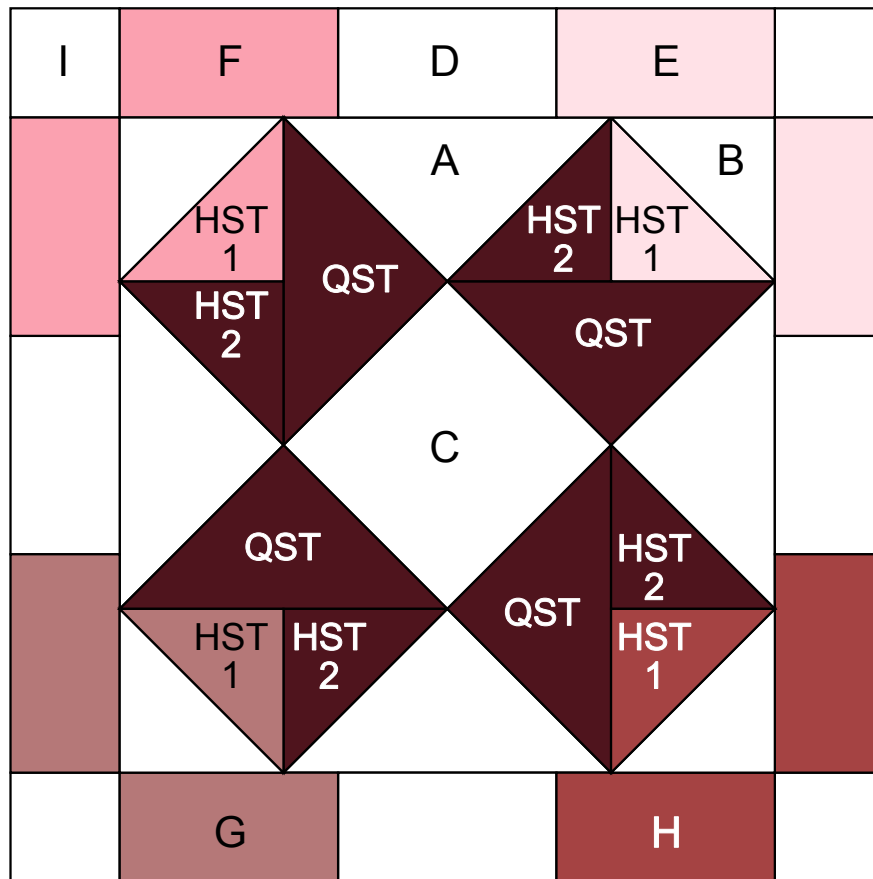
Let's keep in touch!

IG: [@sweetpotatoquilts](#) | Website: www.sweetpotatoquilts.com | E-mail: contact@sweetpotatoquilts.com

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Cutting List/Piece Count

Unfinished Size: 16 1/2" x 16 1/2"



FABRIC

PIECE COUNT

1

HST 1 - (1) 5 3/4" x 5 3/4"
E - (2) 4 1/2" x 2 1/2"

2

HST 1 - (1) 5 3/4" x 5 3/4"
F - (2) 4 1/2" x 2 1/2"

3

HST 1 - (1) 5 3/4" x 5 3/4"
G - (2) 4 1/2" x 2 1/2"

4

HST 1 - (1) 5 3/4" x 5 3/4"
H - (2) 4 1/2" x 2 1/2"

5

HST 2 - (4) 5 3/4" x 5 3/4"
QST - (4) 5 1/4" x 5 1/4"

Background

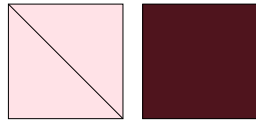
A - (1) 7 1/4" x 7 1/4"
B - (2) 3 7/8" x 3 7/8"
C - (1) 4 3/4" x 4 3/4"
D - (4) 4 1/2" x 2 1/2"
I - (4) 2 1/2" x 2 1/2"

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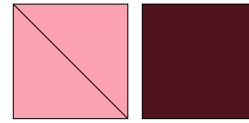
Half - Square Triangles

2 - AT - A - TIME

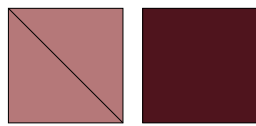
Gather all **HST 1** squares from Fabric 1, 2, 3, and 4 and pair them each with (1) **Fabric 5 HST 2** square. Draw a diagonal line across the wrong side of the lighter square from each pairing and use the instructions below to make 2-at-a-time HSTs.



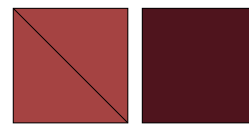
(1) 5 3/4" x 5 3/4" **Fabric 1 HST 1**
+
(1) 5 3/4" x 5 3/4" **Fabric 5 HST 2**



(1) 5 3/4" x 5 3/4" **Fabric 2 HST 1**
+
(1) 5 3/4" x 5 3/4" **Fabric 5 HST 2**

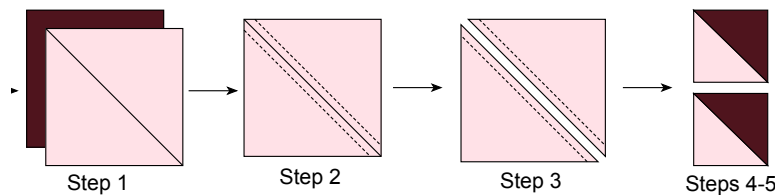


(1) 5 3/4" x 5 3/4" **Fabric 3 HST 1**
+
(1) 5 3/4" x 5 3/4" **Fabric 5 HST 2**

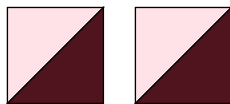


(1) 5 3/4" x 5 3/4" **Fabric 4 HST 1**
+
(1) 5 3/4" x 5 3/4" **Fabric 5 HST 2**

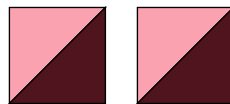
HALF-SQUARE TRIANGLE INSTRUCTIONS



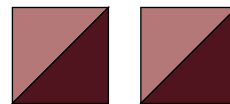
1. Place (1) pair of corresponding HST squares RST.
2. Sew a 1/4" seam on both sides of the diagonal line.
3. Cut along the line and separate the unit into (2) parts.
4. Open and press seams toward the darker fabric.
5. Trim all HSTs to 5 1/4" x 5 1/4".
6. Repeat steps 1-5 to make:



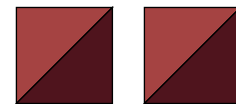
(2) 5 1/4" x 5 1/4"
Fabric 1-5 HST



(2) 5 1/4" x 5 1/4"
Fabric 2-5 HST



(2) 5 1/4" x 5 1/4"
Fabric 3-5 HST



(2) 5 1/4" x 5 1/4"
Fabric 4-5 HST

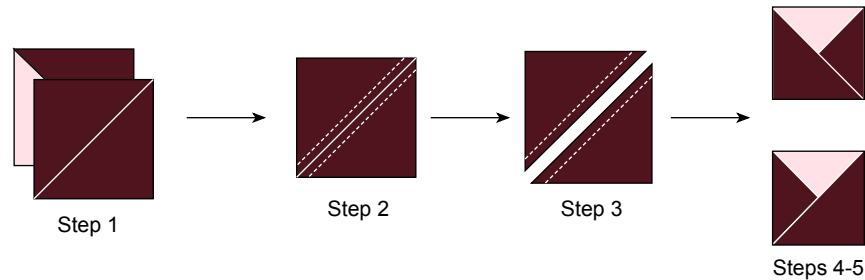
NOTE: Keep (1) HST from each pairing for piecing instructions, and save the other for another project.

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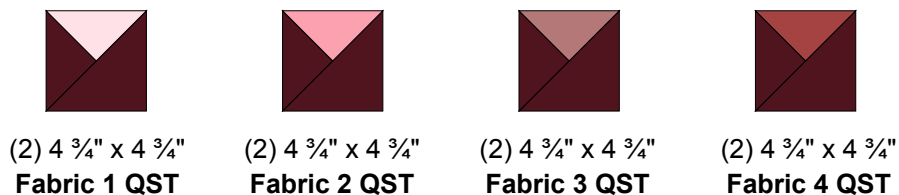
Quarter - Square Triangles

Gather all (4) 5 ¼" x 5 ¼" **Fabric 5 QST** squares and pair them up with each of the (4) HSTs. Use the instructions below to make quarter-square triangles.

QUARTER-SQUARE TRIANGLE INSTRUCTIONS

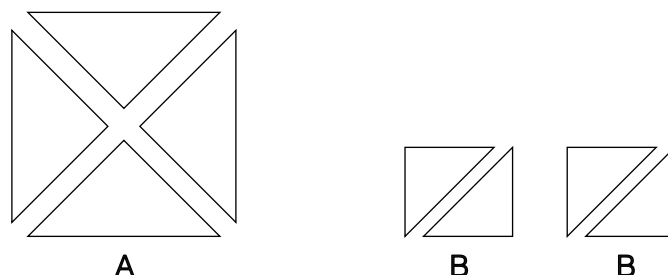


1. Draw a diagonal line on the wrong side of the **Fabric 5** square and place it RST with a HST so that the diagonal line runs perpendicular to the diagonal seam of the HST.
2. Sew a ¼" seam on both sides of the diagonal line.
3. Cut along the line and separate the unit into (2) parts.
4. Open and press towards the darker fabric triangle.
5. Trim the new QSTs to 4 ¾" x 4 ¾" QSTs and repeat steps 1-5 with the remaining (3) HSTs and (3) **QST** squares to make a total of (8) QSTs:



NOTE: Keep (1) QST from each pairing for piecing instructions, and save the other for another project.

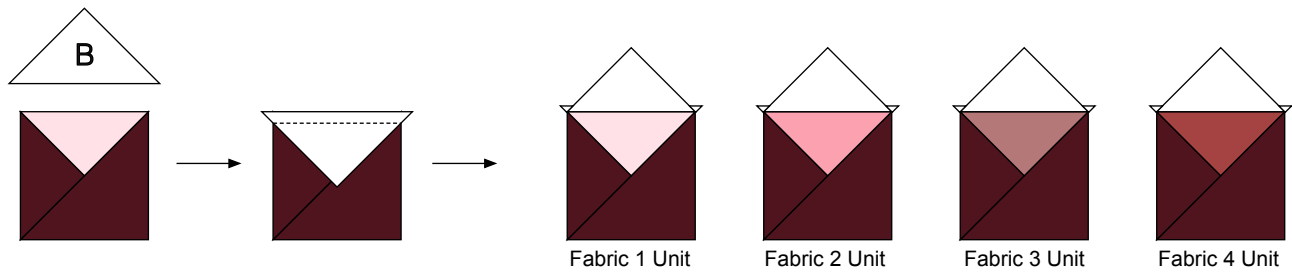
Piecing Preparation: Cut (1) **A** square in half diagonally twice to divide it into (4) **A** triangles. Then, cut the (2) **B** squares in half diagonally once each to make a total of (4) **B** triangles.



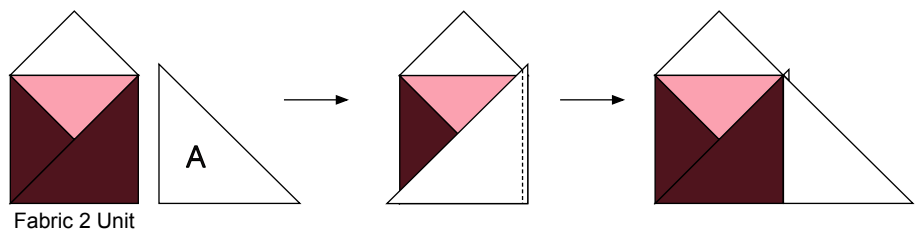
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PIECING INSTRUCTIONS

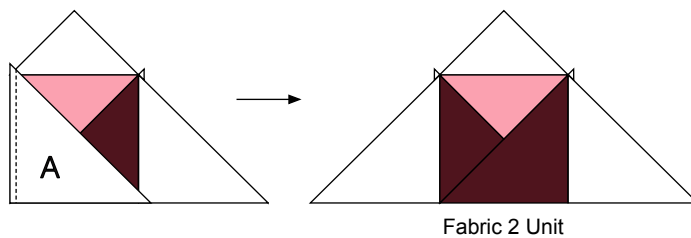
- Place (1) **B** triangle RST to the top of (1) **Fabric 1 QST** so that the corners of the triangle piece will extend evenly past the QST edges by about $\frac{1}{4}$ ". Sew a $\frac{1}{4}$ " seam along the edge and press the triangle piece open. Repeat this step with all remaining **B** triangles and QSTs.



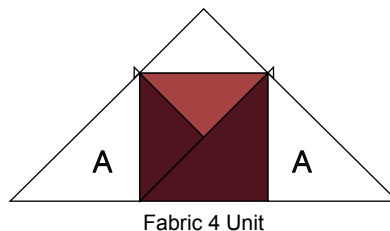
- Place (1) **A** triangle RST to the right side of the **Fabric 2 Unit** made in step 1, making sure to align the bottom edges. The top corner of the triangle will extend past the **Fabric 2 Unit** by about $\frac{1}{4}$ ". Sew a $\frac{1}{4}$ " seam along the edge and press the triangle piece open.



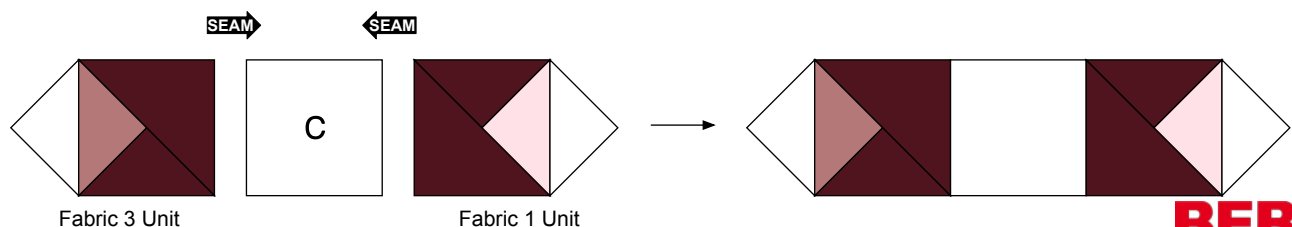
- Place (1) **A** triangle RST to the left side of the unit from step 2, making sure to align the bottom edges. The top corner of the triangle will extend past the **Fabric 2 Unit** by about $\frac{1}{4}$ ". Sew a $\frac{1}{4}$ " seam along the edge and press the triangle piece open.



- Repeat steps 2 and 3 using the remaining (2) **A** triangles and the **Fabric 4 Unit**.



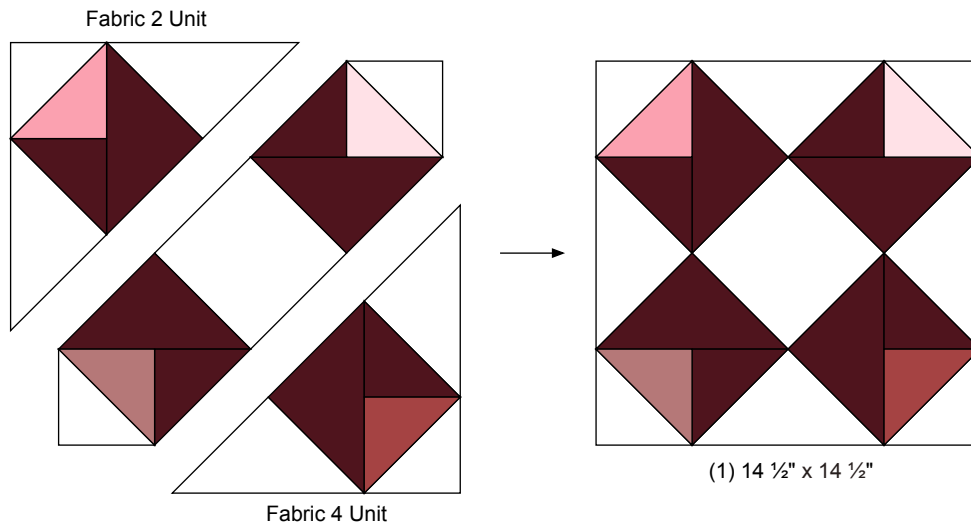
- From left to right, sew RST into a row: **Fabric 3 Unit**, **C**, and **Fabric 1 Unit**. Press seams toward the **C** square.



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PIECING INSTRUCTIONS

6. Sew the **Fabric 2 Unit** from step 3 RST to the left side of the unit made in step 5. Then, sew the **Fabric 4 Unit** from step 4 RST to the right side of the unit. Trim off dog ears and square up to $14\frac{1}{2}" \times 14\frac{1}{2}"$.



7. Gather the following pieces and sew them RST into rows to make (1) $16\frac{1}{2}" \times 2\frac{1}{2}"$ **Long Strip Set A** and (1) $16\frac{1}{2}" \times 2\frac{1}{2}"$ **Long Strip Set B**.

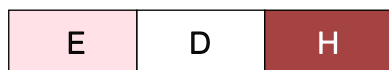


Long Strip Set A
(1) $16\frac{1}{2}" \times 2\frac{1}{2}"$

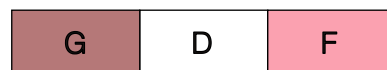


Long Strip Set B
(1) $16\frac{1}{2}" \times 2\frac{1}{2}"$

8. Gather the following pieces and sew them RST into rows to make (1) $12\frac{1}{2}" \times 2\frac{1}{2}"$ **Short Strip Set A** and (1) $12\frac{1}{2}" \times 2\frac{1}{2}"$ **Short Strip Set B**.



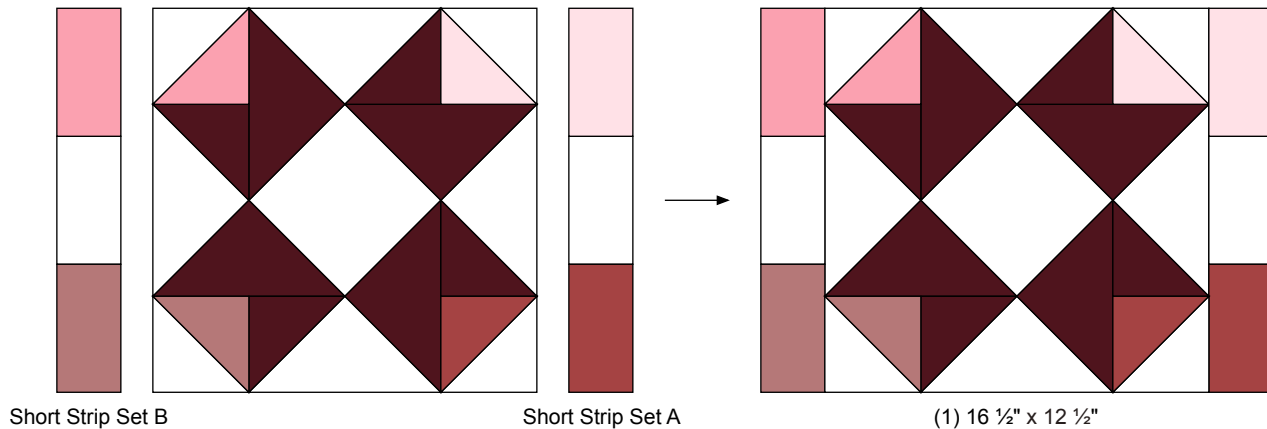
Short Strip Set A
(1) $12\frac{1}{2}" \times 2\frac{1}{2}"$



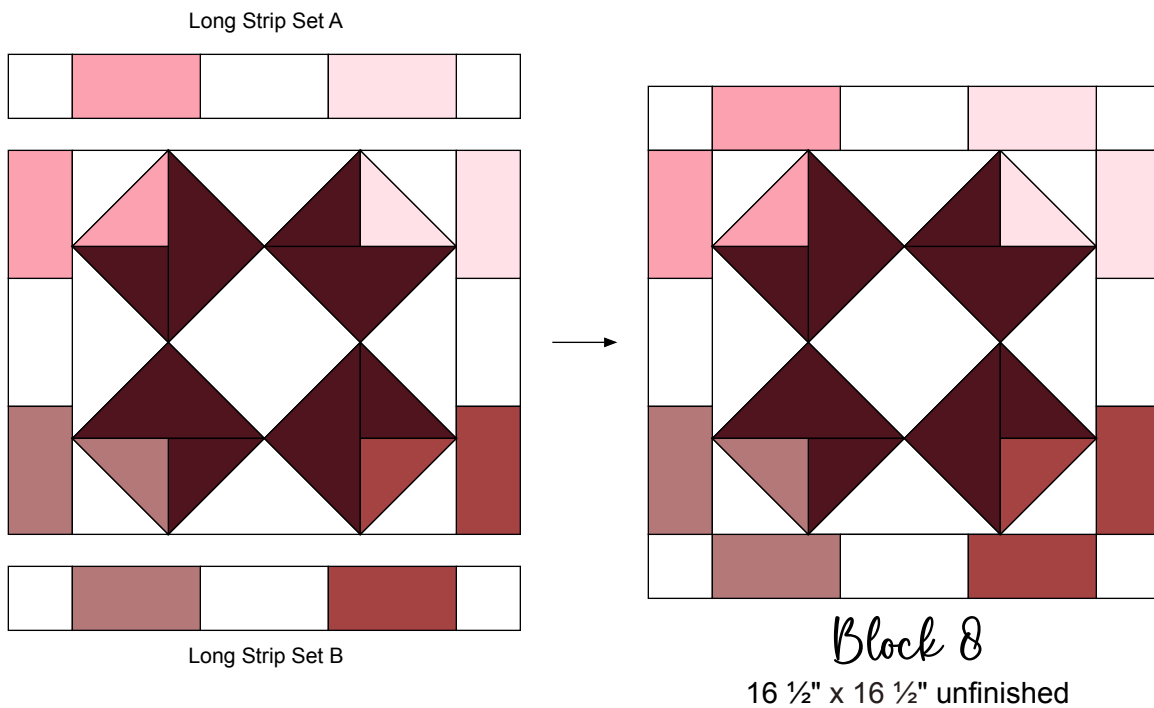
Short Strip Set B
(1) $12\frac{1}{2}" \times 2\frac{1}{2}"$

PIECING INSTRUCTIONS

9. With careful consideration of fabric placement, sew **Short Strip Set B** RST to the left side of the unit made in step 6, then sew **Short Strip Set A** RST to the right side of the unit to make (1) 16 ½" x 12 ½" unit.



10. With careful consideration of fabric placement, sew **Long Strip Set A** RST to the top of the unit made in step 9, then sew **Long Strip Set B** RST to the bottom of the unit to complete the 16 ½" x 16 ½" block. Reserve the block for quilt assembly instructions.



Coloring Page

