

The Pathways Quilt



BERNINA
EXCLUSIVE
PATTERN

Pattern by Maelynn Wood for the We All Sew Blog
#BERNINApatternsquilts 67" x 76"
Cover Fabric: Art Gallery Fabrics

Allow me to introduce myself.

My name is Maelynn, my friends call me Mae. I live in the PNW with my husband and two children.

I am a BERNINA ambassador and sewing on a 790PRO. I designed this quilt pattern exclusively for the We All Sew Blog and can't wait to see you bring the pattern to life.

Whether you are joining us for the quilt along or doing this on your own, I encourage you to post your progress in the Community or over on Instagram!

Tag me and BERNINA (@mae.just.sew & @BERNINAUSA) and use the hashtag #BERNINAPATHWAYSQUILT

Before You Begin

+ Read all instructions before you begin - note that all seam allowances are $\frac{1}{4}$ ".

+ "RST" = Right Sides Together

+ These instructions assume that you will be sewing on a BERNINA and may reference feet specific to BERNINA.

+ Photos show the cover quilt made with selections from Art Gallery Fabrics.

This pattern was such a joy to design and I hope you love making it as much as I do!

Use the hashtag #BERNINAPATHWAYSQUILT to share your quilt, and the BERNINA you sewed it on!

Fabric Requirements

FABRIC	YARDAGE
A (PIECES A, B, D & E)	3¼ YARDS
B (HOURGLASS BLOCK)	1½ YARDS
C (HOURGLASS BLOCK)	1½ YARDS
BACKING	4¾ YARDS
BINDING	¾ YARD

You may have a stash of scraps and upon seeing this pattern know that this would be your next scrap buster. The pattern calls for (140) 5" squares to make the required amount of hourglass blocks.

I chose 5" squares specifically for all my quilting friends who are looking for a way to use their charm packs.

Yardage, scraps or 5" charm packs... choose your adventure!

Suggested notions and feet

For piecing I use a BERNINA foot #97 (Patchwork Foot)

For quilting I use a BERNINA #50 (Walking Foot)

Consider using a rotary cutter and self healing mat for cutting fabric



Cutting Instructions

Here is a step you will be so tempted to skip, but I greatly encourage you to take an extra few moments to iron and starch your fabrics.

Even the smallest wrinkle can throw off your measurements, and starching and ironing will save you future grief.

Put on your favorite album or listen to the BERNINA Sew & So podcast and enjoy this step!

Use boxes to check off as you cut!

- PIECE A (Fabric A): cut (14) 3½" WOF strips
Subcut into (56) 3½" x 10" rectangles
- PIECE B (Fabric A): cut (6) 3½" WOF strips
Subcut into (56) 3½" x 4" rectangles
- PIECE C1(Fabric B): cut (9) 5" WOF strips
Subcut into (70) 5" squares
- PIECE C2 (Fabric C): cut (9) 5" WOF strips
Subcut into (70) 5" squares
- PIECE D (Fabric A): cut (7) 3" WOF strips
Subcut into (28) 3" x 10" rectangles
- PIECE E (Fabric A): cut (6) 3" WOF strips
Subcut into (56) 3" x 4" rectangles
- BINDING: cut (8) 2½" WOF strips

Sewing Instructions

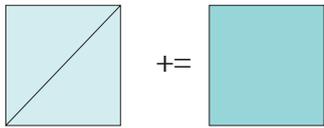


FIGURE 1

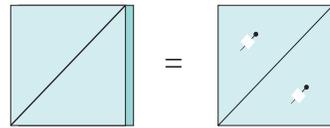


FIGURE 2

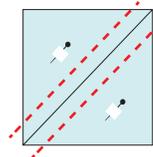


FIGURE 3

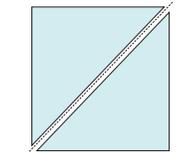
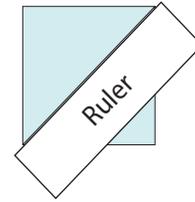


FIGURE 4

1. Diagonally press all fabric C1 squares. Alternatively, you can also use a fabric marker to mark this line. (Figure 1)
2. Lay C1 onto C2 RST (right sides together). Pin. (Figure 2)
3. Sew a $\frac{1}{4}$ " seam allowance on both sides of your marked line. (Figure 3)
4. Using a ruler, cut fabric on marked line. (Figure 4)
5. Without moving the block, turn your ruler and cut on the opposite diagonal. (Figure 5)
6. Press seams to the darker side.

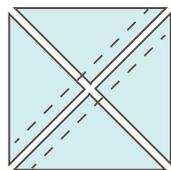


FIGURE 5

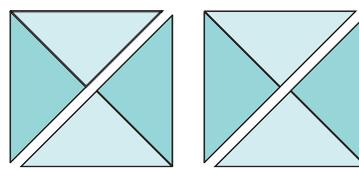
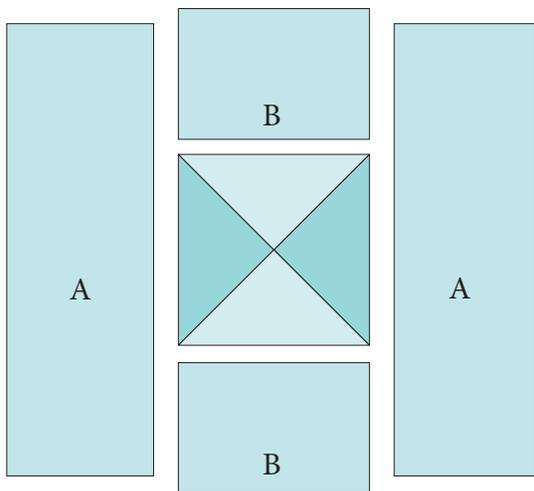


FIGURE 6

7. With RST and opposite fabrics touching, pin and sew together, forming (2) new hourglass blocks. (Figure 6)
8. Trim hourglass blocks to 4" x 4". Do not be tempted to skip this step. I know it seems like a lot, but remember you're making a quilt to last! Put on a good movie or listen to a new audiobook and make a night out of it.

Block Assembly



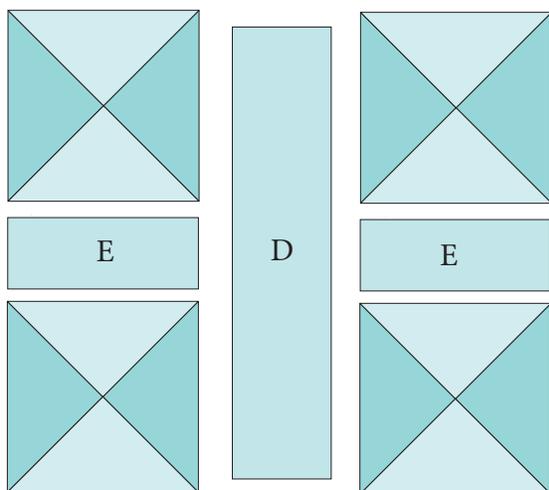
9. BLOCK A

Block A needs (2) of piece A, (2) of piece B and (1) hourglass block.

Sew B pieces to the top and bottom of the hourglass block. Press outwards.

Sew A pieces to either side. Press outward.

You will have a total of (28) Block A, each measuring 10" x 10"



10. BLOCK B

Block B needs (2) of piece E, (1) of piece D and (4) hourglass blocks.

Sew an hourglass block to the top and bottom of piece E. Repeat. Press outwards.

Sew these to either side of piece D. Press towards the center.

You will have a total of (28) Block A, each measuring 10" x 10"

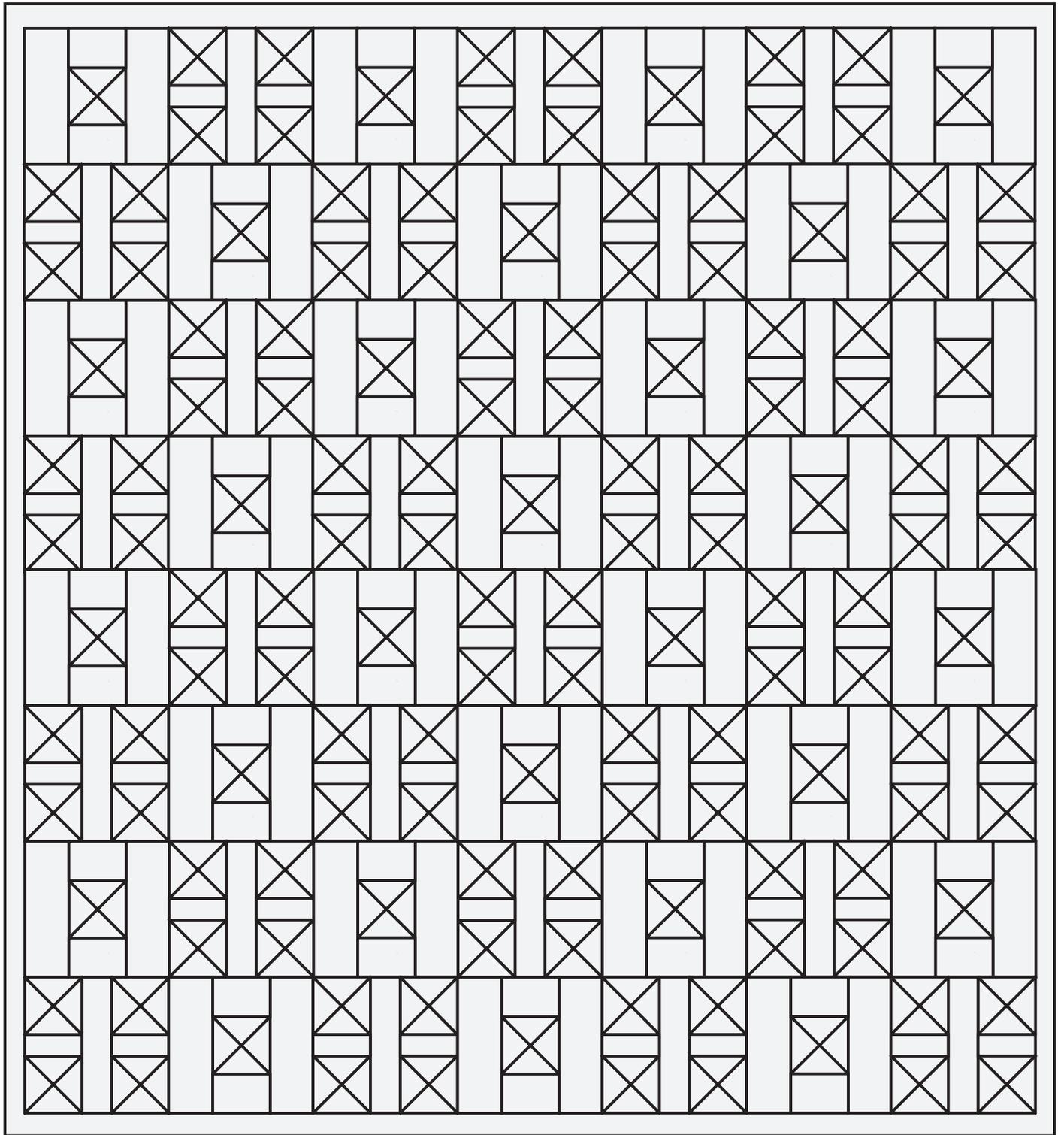
11. Sewing the blocks together - reference the coloring sheet for a visual aid.

Odd number rows (1, 3, 5, 7) all begin with Block A and will be pressed to the right. Even number rows (2, 4, 6, 8) all begin with Block B and will be pressed to the left.

Each row needs a total of (7) blocks.

Sew row 1 onto row 2, row 3 onto row 4, row 5 onto row 6, and row 7 onto row 8, nesting the seams together to create crisp lines. Sew sections together until the entire top is complete. Quilt as desired and bind. Wash in cold water and line dry or air dry in the dryer for a perfectly crinkled quilt.

Coloring Page



Labels

A	B	C1
C2	D	E
BLOCK A	BLOCK B	BINDING

